Mirando Hacia Adelante

Let’s Talk About It
New Perspectives Amid Pandemic
By Yvette Tello

El Museo de Arte de San Antonio recibe una subvención de The National Endowment for the Humanities
Por Erica Benken

SAY Sí Senior Success Showcased Online
By Stephen Guzman

Juan Sánchez ‘El Rielero Mayor’ celebró cumpleaños beisbolero
Por Franco

About The Cover Artist
EfrenAve
By R.Eguia
Let’s Talk About It
New Perspectives Amid Pandemic

By Yvette Tello
This pandemic has changed our lives. I have seen people create art, cooking, changing their careers. Many have greater purpose, spirituality, empathy and appreciation of life, as well as strengthened relationships. What are you doing with the new time you have available? What would you like to do? Are you pursuing your dream? Let’s talk about it...

Jeff Hull: “I am resting. What’s made me laugh is that people are always saying they wish they had time to rest or simply do nothing. Then when given the opportunity. So many stresses out over it. Unfortunately, bills do have to be paid.”

Mary Svetlik Watkins: “I want to learn to knit.”

Rose De La Fuente: “I wanted to go back to school.”

Charlene Smith: “I’m building a house.”

John Gonzales: “Pffft. I was working on personal growth trying to get out of a crap work situation and get my young adults launched. Now I am stuck—other than stuck and kids are unemployed and miserably holed away in their childhood bedrooms with no prospects. I climbed out of a devastating situation a decade ago and was just getting above water. Only people who haven’t had much adversity see this as a good thing. Give us some Ehrenreich and spare us the bright side of the things.”

William Barrera: “The fundamental question is not whether there is or isn’t suffering. It is how we work with suffering so that it leads to awakening the heart and going beyond the habitual views and actions that perpetuate suffering. How do we actually use suffering so that it transforms our being and that of those that we come in contact with? How can we stop running from pain and reacting against it in ways that destroy us as well as others? This is a message that people can hear, but they have to hear it a lot, and with great heart, and from people who really care, not from somebody who is just passing through to make a few dollars. People need a lot of support for suffering to turn into compassion. What usually happens to people when they don’t have teachers and guides and the support of people who care is that great suffering leads to more suffering.”

Thomas Mc: “I’m starting my PhD next week:) Taking some online classes on wine Cooking gourmet food at home, Trail running, Writing and new business ventures. It’s tough times but for those who are able and willing this is also a good time for self growth. There is no doubt for some they are hurting and my heart goes out to them. For others, well others are complaining needlessly as if they stopped and realized how blessed they are to have their health, their job, and necessities, they would be able to grow more and not complain about the little things”

Angel Adame: “I am putting more time into my children. They are only two and three years old. I have had to think outside of the box and become more creative. I have had to grow with them and find ways to keep them entertained. It has been a learning process. I have bonded with them in a way I never knew possible”

Eddie Flores: “My dream was for my family to be able to spend more time together because we all work so much and I thought we could reconnect. It has turned out to be a nightmare because we fell apart. The pandemic made some family members very resentful to one another and have chosen to shut each other out. It is quite sad in a time where we are not promised tomorrow that someone would choose to not be kind to their own siblings or parents. I have seen things I never thought would be possible. Coronavirus killed my family;”

Jennifer Perez: “I’m meditating as much as I can, so that I don’t explode.”

Eric Garcia: “Though I appreciate you wanting to be positive, this is not a positive time. People are suffering. I am glad this is not your reality but it is mine. I have not grown or evolved. I am sad and I want my life that I took for granted back.”

By Leonard Rodriguez
This column highlights inspiring stories of Latino leaders. For more than 500 years, Latino men and women have positively influenced the face of United States society. Let us celebrate these outstanding Hispanics.

John Lopez Jr.
How do you become one of the largest minority companies in the U.S. without advertising? According to John Lopez Jr., you keep your one multi-billion dollar client -The McDonald’s Corp., happy. Operating several McDonald’s franchises since 1978, Lopez was approached by McDonald’s when their supplier of hamburger patties, sausage patties and bacon went up for sale. Presented with the financial opportunity, Lopez jumped on it and purchased Nomac Foods in 1992. Renamed Lopez Foods, Inc., it is the second largest Hispanic-owned manufacturing company in the U.S., with annual revenues of $154 million. Owner of a highly profitable family business, Lopez credits McDonald’s willingness to invest in the Hispanic community for his success.
About The Cover Artist

EfrenAve

By R. Eguia

The cover art this week features a piece titled “Eufo-ría,” composed completely with fruit stickers. The piece comes from a collection of pieces composed of produce stickers that began as beautiful mandalas and evolved into a full interpretation of the 78 tarot cards.

“A produce sticker can tell a story of some country’s economy, big corporations, successful business people, proud farmers, and happy customers. They can also tell the story of good smells, delicious flavors, bright colors, and creative artists. [The stickers can also] tell stories of contamination, deforestation, displacement, and poverty. A tiny produce sticker really holds many stories.”

EfrenAve was born in Michoacán Mexico and immigrated to California in 1990 to start a new life. Those years greatly influenced the themes of his creative work as he began exploring social issues concerning the border and Mexican immigration with a satirical tone.

“I do art because I want to do art. I make things as a reaction to my feelings. I always have feelings so I am always making art,” he said.

In 2000 he enrolled in art classes at Foothill College where he received an AA degree and he said he has been making art daily ever since. After achieving much success and critical acclaim with his work with oil paintings, he eventually moved on to exploring work with recycled materials.

“From the very beginning these produce stickers projects have been a family collaboration in one way or another and most importantly a recycling effort.”

Each produce sticker piece requires upwards of about 7000 stickers and requires about 120 hours of assembly on average.

Even though he does not have much knowledge of the Tarot, he envisioned the idea of creating a deck with recycled materials to play at predicting the effects of Global Warming on our planet.

With work he wants to play at predicting the outcome of Climate Change conferences, forums, and agreements between world leaders. And the questions here are, will they work one day or is this a great photo opportunity for self-promotion? Another prediction is about all the young climate change activists and their social movements, will they be enough to make a difference? Or are the global warming deniers, skeptics, and big polluters will prevail? But at the same time EfrenAve knows that it is difficult to predict such an important event as saving the planet with a card game. That is why he hopes that the act of recycling the fruit stickers to reuse them and create designs is a step in the right direction to help the planet. At the same time he is hopeful that this artwork of recycling and reusing materials will motivate others to do the same, reuse, or recycle more in creative ways.

EfrenAve draws his deep respect for nature from his upbringing in Michoacán where he remembers growing up in the hills and foraging from the wildflowers. His portfolio includes a large range of work surveying many topics including over 3000 photos of California wildflowers, collections exploring culture and much more.

He is developing a new collection of work that will further explore the fragility of the ecosystem by using fragile pastels to reflect the fragile state of the environment.

For a complete look at the work of EfrenAve, please visit www.efrenave.com
Job Transition in Peak Pandemic San Antonio  
New Perspective on Fast Food Opportunities  
with Pedro Carrazana from Hourly to Owner

By Yvette Tello

What would you do if your teenager came home and told you he decided to pursue a career with McDonald’s?

According to Pedro Carrazana, his father had a cow. The family had saved up their entire lives for him to go to college. Pedro began working at age 17 as a crewmember at a Florida McDonald’s, he was just a senior in high school.

From there, Pedro worked his way up the ranks of the company. He held a variety of positions for McDonald’s in Mexico, Central America, and the Caribbean. His last position outside the United States was in Puerto Rico where he was COO of the company’s Caribbean area. Pedro’s going on 41 years in the McDonald’s family—he now owns five of his own restaurants.

Since arriving in San Antonio, Pedro has become an active member in the community: he’s raised money for the Ronald McDonald House Charity, through his businesses he’s hired countless employees, helped many graduate high school, some learn English as a second language, and write their own success story.

Surprisingly, the average age of his employees are mid-thirties. “This is no longer just a job for a high school kid. There are amazing opportunities and benefits for working for this company. They really take care of their own,” says Pedro. The company helps further your education, Pedro eventually did go back and finished his schooling. It took five years and lots of online classes, but he got it done. “The benefits are not publicized as well as they should be. The company even reimburses tuition for trade schools, so people have the opportunity to pursue other interests.”

In a time of much uncertainty and so many losing their jobs, McDonald’s in San Antonio are hiring. “The company has done a great job making sure that safety comes first for our employees,” observes Pedro. He and other owners have implemented necessary adjustment to keep staff and crew safe. From closing dining rooms and playgrounds to adjusting the menu to limit items. Employees must meet strict health guidelines when beginning a shift including taking the temperature of every person, all part of a wellness check-up.

It’s important to Pedro: “We ask them how they are feeling. If they come in or call in, stating they are not well or have been around someone who doesn’t feel well, we have them stay home and check on them. I know what is going on with all my employees at all of my restaurants on a daily basis.”

And if you think because you do not speak English, or do not speak English well, there are positions open, but through their program – Archways to Opportunity – McDonald’s offers classes for English as a second language. This was the first time I have ever heard of a company offering something like this. I think it is so commendable to put this type of investment into your employees.

This is a company that allows you to grow within. Starting employees begin at a competitive wage and can grow to make up to $47,000 to $65,000 a year plus bonuses. It’s a great place to work with many opportunities for advancement. As a young man, Pedro took those opportunities laid before him, put in the time and commitment, and now owns five restaurants right here in San Antonio.

His locations are at:
6069 Ingram Road  
3033 Nogalitos  
5503 NW Loop 410  
926 Bandera Road  
and 3515 Culebra.

For those having to face a career change, this is a company you should consider.

Thank you, McDonald’s, for all you do and thank you Pedro for being an inspiration to all of us.

---

Tele+Health

Healthcare from the safety of home.

CentroMed

210-922-7000
El Museo De Arte De San Antonio
Recibe Una Subvención De
The National Endowment
For The Humanities

Por Erica Benken

El Museo de Arte de San Antonio (SAMA) recibió una subvención de $ 100,000 de The National Endowment for the Humanities (NEH) para su exposición de otoño de 2021. NEH otorgó $ 30 millones en subvenciones revisadas por pares para 238 proyectos de humanidades en todo el país, lo que ayudó a apoyar la preservación de colecciones históricas, exhibiciones y documentales de humanidades, investigación académica y oportunidades educativas para maestros.

SAMA recibió una subvención para la categoría de proyectos de humanidades públicas para exposiciones: implementación. El objetivo de esta categoría es ayudar a apoyar las exposiciones de museos, programas de discusión e interpretaciones de lugares históricos que dan vida a las ideas e ideas de las humanidades para el público en general.

La Dra. Jessica Powers, la curadora de la exposición, ha estado trabajando durante varios años con colegas en museos de Europa y los EE. UU. Para identificar obras adecuadas para la exposición de otoño de 2021, y está entusiasmada con la gama de objetos que SAMA podrá mostrar, desde pinturas murales atmosféricas hasta exquisitos vasos de vidrio de cameo.

La exposición está programada para ser exhibida en el Museo de Arte de San Antonio del 16 de octubre de 2021 al 9 de enero de 2022. La comunidad siempre puede involucrarse con SAMA comprando membresías de museos, participando en varios programas y eventos educativos de SAMA, y siguiendo las plataformas de redes sociales de SAMA.

“Estas obras, pinturas y esculturas, mosaicos y vasijas para beber, representan una visión fascinante pero imaginaria de un campo repleto de villas costeras y santuarios rurales, donde los dioses y los héroes mitológicos se mezclan con viajeros, pastores y fieles”, dijeron los curadores.

La exposición y los programas públicos y el catálogo que la acompañan se centrarán en la representación selectiva de los romanos de la interacción humana con el mundo natural de las artes y en los entornos antiguos (casas, villas y tumbas) donde se exhibieron estas obras. La exposición también presentará las convenciones artísticas distintivas para representar el espacio y la narrativa que son típicas de los paisajes romanos y las distinguirá de las escenas de paisajes en el arte europeo posterior. Además, la programación durante la exhibición ofrecerá oportunidades para que los visitantes exploren temas comunes entre paisajes creados en la Italia romana y los de otras culturas representadas en la colección permanente de obras de arte del Museo de América, Europa, Asia y Australia, y ver que las preocupaciones capturadas en estos trabajos todavía resuenan en las discusiones actuales sobre el medio ambiente.
Juan Sánchez ‘El Rielero Mayor’ celebró cumpleaños beisbolero

Por Franco

Tras una serie de eventos Juan Sánchez, organizador del tradicional torneo anual “Thanksgiving”, festejó su 60º cumpleaños por lo que recibió felicitaciones de su familia y amistades.

Juan Sánchez, quien es nativo de la ciudad de Nueva Rosita, Coahuila, que para él es la tierra del béisbol en la región Carbonifera, donde nació el circuito Liga del Norte de Coahuila, dijo haber dado gracias a Dios por permitirle celebrar su cumpleaños.

Sánchez, inició su trayectoria beisbolera en la década de los 80’s, cubriendo la pradera central.

En San Antonio se destacó participado en las ligas de la Iglesia, (categoría Abierta), Arredondo, Quiñones. Pasando en el 2000 al circuito de la pelota blanda softball slowpitch con el equipo Blue Roockies.

Donde participó en torneos estatales e internacionales, junto con el coach Servando Hernández.

Posteriormente con la ayuda de los coaches y jugadores su hermano Melchor Sánchez fundó en 2002 el club Rieleros después de haber jugado con Gavilanes.

Sánchez, indicó que también compartió crédito con los directivos del club Atléticos al lado de sus buenos amigos Servando Hernández, Lolo Gómez, Encarnación (La Chona) González.

“Lo mejor de todo es que se ha logrado estrechar lazos de amistad y deportivos en los torneos que he venido realizando. Tanto para reconocer trayectoria beisbolera a leyendas del béisbol como torneos de beneficio de jugadores lesionados” dijo Sánchez.

Su convivio de cumpleaños le fue organizado por su buen amigo Gabriel Morales dueño de despectigado taller mecánico ubicado en el corazón del Southside. Con cena de rica carne asada, sausage y picantes salsas. En las fotos aparece el feliz cumpleañero acompañado de sus invitados, Roberto Vázquez, Armando Soto García. José Luis Sánchez (cocinero para tan especial evento). El anfitrión Gabriel Morales, Nacho Cortés, Álvaro Velásquez, Encarnación González, Isidoro Gómez y Jesús (Chuy) Carmona, quienes le desearon todo lo mejor. (Fotos por Franco).

---

Home Loans Happen at Texas Community Bank

If you are buying or refinancing a new home, a second home or a retirement home, Texas Community Bank has a mortgage product for you! We also offer home improvement and home equity loans.

For information regarding our home mortgage products, please contact one of our Mortgage Department representatives at (956) 722-8333 or visit our website at www.tx-communitybank.com to send us an information request.

---

Texas Community Bank

Member FDIC
SAY Sí Senior Success Showcased Online

By Stephen Guzman

This August, SAY Sí celebrates 23 seniors graduating from its programs with two virtual experiences for the public: Fragments, SAY Sí’s Senior Thesis Exhibition, and Hello-Goodbye, A Virtual Graduation Ceremony.

The Senior Thesis Exhibition, Fragments, is available for viewing now at bit.ly/saysi-fragments. Celebrating the culminating works of graduating senior-artists, this exhibition showcases the class of 2020’s skills as multidisciplinary artists and diverse storytellers. Mediums chosen include painting, photography, sculpture, film, animation and other creative processes.

On Friday, August 14, 2020, at 7 pm, SAY Sí will host Hello-Goodbye, a virtual graduation ceremony available for viewing on SAY Sí’s Facebook and YouTube accounts. Affirming SAY Sí’s commitment to mentorship, reciprocal learning and long-term support, this annual tradition honors the accomplishments of the graduating seniors and also celebrates the graduating class from our middle school students many of which are continuing on to our high school programs.

With the influence of COV-19 in San Antonio, SAY Sí adjusted its creative programs to connect with youth virtually. Since March, all senior work has been completed from home with supplies/materials provided by SAY Sí and guidance from teaching-artist mentors. “Amidst our current reality, this year we worked virtually and from home to make this show happen,” says Julia Mahavier, SAY Sí senior-artist, age 18. “It’s all still so unreal, but seniors - all from different walks of life and telling different stories - defied the halts and came together to do what we do best, create.”

As part of the SAY Sí program, seniors also receive support in completing artists’ statements, organizing portfolios, applying for financial aid and completing multiple college applications - all to ensure that they are prepared for success after SAY Sí.

This year’s graduates come from 18 San Antonio high schools. They will continue their education in places like Oberlin College, Tufts University, DePaul University as well as many schools in the University of Texas network and Alamo Community College District. In total, SAY Sí’s 2020 graduating class has earned over $1.3 million in scholarship and aid so far.

Founded in 1994, SAY Sí is a national award-winning, art-based nonprofit youth development program located in San Antonio, Texas. The goal of the organization is to provide San Antonio area students in grades 6-12 with the opportunity to develop artistic and social skills in preparation for higher educational advancement and career building. SAY Sí programs serve over 200 students from all of San Antonio’s school districts - in addition to serving 3,000 youth in community programs. SAY Sí’s unique approach to education has placed the organization on the national stage, with recognition as one of the top out-of-school-time organizations in the country by The Wallace Foundation, as well as serving as one of seven international youth arts organizations chosen to receive an inaugural Creative Catalyst Award by Adobe Project 1324 in 2016. For more information, visit www.saysi.org.
Latinos Can Help Preserve Democracy

By Dr. Ricardo Romo

Congressman John Lewis’s last public writing appeared in a New York Times editorial page on July 30 following his death a week earlier. He wrote: “Democracy is not a state. It is an act, and each generation must do its part to help build what we called the Beloved Community, a nation and world society at peace with itself.” His generation of civil rights activists contributed to a more robust and fair American democracy through the Voting Rights Act of 1965 and by their vigilant promotion to social justice.

“The vote,” John Lewis noted in his final letter, “is the most powerful nonviolent change agent you have in a democratic society.” He cautioned us to “use it because it is not guaranteed. You can lose it.” Lewis understood more than anyone the struggle undertaken to gain full rights to vote. The poll tax and malicious literacy tests were designed to keep Blacks from voting. Those political battles, which encompassed decades, made the fight for the Voting Rights Act ever more significant. Still, many Americans eligible to vote today fail to do so.

Using the pandemic as an excuse, President Trump proposed in a tweet this week: “Delay the Elections until people can properly, securely and safely vote.” Trump prefers to vote by mail, but he doesn’t want other American voters to have the same privilege or opportunity.

Claiming that voting by mail would be “an easy way for foreign countries to enter the race,” he suggested that the results would be “INACCURATE AND FRAUDULENT.” His proposal of delaying the election shocked even his closest allies in the Senate and House. Only the Congress has the power to delay the election, and Trump’s election solution of postponement has no appeal to Republican or Democratic leadership.

Many Latino activists and organizations are alarmed at the possibility of a Trump reelection. They remember his comments that Mexico was sending people to the United States “bringing drugs...bringing crime...They’re rapists.” Trump’s speeches are filled with vitriolic attacks on Mexicans, Muslims, and immigrants.

Trump often warned of an “invasion” from the south. That’s the same word, noted USA Today columnist Ruben Navarrette, “that 21-year-old Patrick Crusius included in a racist manifesto he wrote” before driving 700 miles to El Paso for the purpose of killing Mexicans. On August 3, he walked into a Walmart, “as he allegedly told police, to kill as many Mexicans as possible.” Crusius killed 22 people, many of them Mexican immigrants, and wounded 25 others.

The 2020 elections are especially important to the majority of Latinos who see Trump as one of the worst presidents in modern times. But as Domenico Montanaro warned in his writeup of NPR’s polling on the 2020 race, “the one group Biden continues to underperform with slightly is Latinos — 59% of Latinos said they’d vote for Biden over Trump, but Clinton won 66% of their votes in 2016.”

Changes in the nation’s demographic profile have given rise to an increased number of Latino voters in the Southwestern states. In addition to those new Latino voters, increases among Black voters in several southern and midwestern states promise to play a greater role for Blacks and Latinos in the election of national and state leaders in the coming decades.

Democracy is at risk if we elect and follow incompetent, untrustworthy, dishonest, and ineffective leaders. Trump’s poor leadership has led us to the worst pandemic response in the developed world. Thousands of Americans have died because of the early inaction of President Trump. Additionally, the impact of the pandemic has led America to the greatest economic crisis since the Great Depression.

The Covid-19 pandemic has reminded us all that decisions by political leaders matter. The reopening of schools, businesses, and churches is determined by our political leaders—individuals to whom we have granted the power to decide important civil and health policies.

Voting is one of the pillars of our democracy that allows us to choose competent leaders. We must safeguard fair and inclusive elections at all costs. Democracy is threatened if we allow foreign participation in our elections or if we fail to counter misinformation about the candidates. Russian operatives funded by their government not only intervened in our 2016 presidential election, but also in the election of leaders of our closest allies in Europe. It is well known that Facebook and other social media platforms allowed Russian operatives to purchase advertisements that hurt Hillary Clinton’s chances of winning the 2016 election. We must make certain in 2020 that American voters have the right to decide our elections.

America is indeed in the midst of great soul searching over the future of democracy. “Ordinary people with extraordinary vision,” wrote John Lewis, “can redeem the soul of America.” If he is right, then Americans will persevere in the midst of these great challenges to protect the freedom, liberty, and pursuit of happiness ideals that our founding leaders believed would make the United States a great nation. Latinos must take an active leadership role in the 2020 election.
Cachorros de Nava apaleó a Mets y Broncos doblegó a Pistoleros
Indios de Nava y Águilas del Veracruz disputaran final del playoff

Por Sendero Deportivo

La pelota caliente en la categoría Veteranos, volvió a jugarse en el diamante del circuito Oldtimers Colt 45 Baseball League, donde su gerente general Jaime Guerrero, agradeció a cuatro equipos su participación en jornada sabatina con partidos de preparación, mismos que estarán jugando en la temporada que esta por arrancar.

Cachorros de Nava dirigidos por el timonel Alejandro (Rábano) Becerra, los coaches Benito Martínez y Rubén (Alacrán) Galindo, así como el coordinador Adolfo Briseño con relevo de Héctor (Papo) Garza, dieron cuenta del rival Mets con pizarra de 22 a 7 carreras.

La victoria se la agenció el lanzador abridor Rodolfo Briseño con relevo de Héctor (Papo) Garza, quien trabajó el quinto y sexto capítulo sin admitir carreras. “Estamos en preparación para arrancar duro en la temporada ahora aquí en Colt 45”, dijo Becerra. Jugadores, directivos, familiares y seguidores de Cachorros, al final celebraron con deliciosa cena “Guiso de Pollo”, preparada por el chef Víctor Silva, propietario de “Taquitos al Minuto”.

Broncos de Reynosa SA de los esposos Linda y Roberto Garza, retornaron a su lugar favorito, para enfrentarse en duelo ante Pistoleros de Jaime Guerrero. Por Broncos se agenció la victoria su as, Gilbert Salazar, quien tuvo de gran rival al ex lanzador profesional derecho Luis Alfonso (Chorejas) Velázquez. El partido estuvo empatado 6-6 hasta el octavo episodio, en el que la ofensiva y defensiva de Reynosa, logró imponerse con pizarra de 10-6 carreras. Sendero Deportivo invita a beisbolistas para que vengan a saborear nuestro menú y pasen excelente momentos en nuestras promociones musicales Sunday Funday”, dijo Arnulfo Martínez, conocido ex arquero apodado “Rusito”, quien comparte responsabilidades con su esposa Betty Martínez y su hijo Abel Mota Jr.

En las series del playoff categoría Abierta dominical, el campeón de temporada Indios de Nava del manager Juan (Pachín) Martínez, con abultada pizarra eliminó a Diablos de Starky Dávila II. Por su lado el timonel Luis Cerros, y sus Águilas del Veracruz, eliminó a Texas Jays, dirigidos por John Alvarado, con pizarra de 5-2. Con ello ganó boleto para disputarle la gran final de postemporada a Indios de Nava.

Por Águilas, destacaron con el bateo Antonio Ramírez (El Morris), originario de Palaú, Coahuila, quien continuó su labor jugando impecable en la intermedia y conectando de 4-2 con dos carreras producidas, seguido por Kevin Soto quien pegó cuadrangular y doblete.

De acuerdo al directivo Guerrero, este sábado 8 de agosto se tienen programados dos partidos de Veteranos, en los horarios de las 12:20 p.m. Broncos vs. Cachorros. Y a las 3:25 p.m. Pistoleros contra los Mets.

El domingo 9, se jugará el primer partido de la serie final por el trofeo del playoff 2020, con formato del equipo que gane dos de tres partidos, será el nuevo monarca en el mejor béisbol independiente del sur de Texas, con sede en el legendario estadio Colt 45 Baseball Field, ubicado en la esquina de la autopista 16 y Applewhite Road. El horario es a las 3:25 para así darle tiempo a jugadores y fanáticos de llegar a buen tiempo y tener sana diversión.

Previo al partido Nava vs. Veracruz, se jugará partido amistoso entre equipos que ya se encuentran en preparación de sus respectivos rosters. “Indios de Nava y Águilas del Veracruz, en sus alineaciones traen gran talento con beisbolistas que de seguro lo van a dar todo en la defensiva y ofensiva. Felicitaciones para Indios y Águilas. Así como a directivos de clubes que participaron en la pasada temporada”, dijo Guerrero.

In Loving Memory
Cointa Lastra Baca

By John Eguia

Cointa Lastra Baca, age 85, passed away on July 26, 2020. Cointa was born on February 8, 1935, in Veracruz, Mexico and immigrated to the United States in 1958. Cointa became a naturalized citizen in 1984. Cointa raised 3 children with her loving husband Ramon Baca. Their children, Blanca (Scott), Joe (Tina), and Johnny (Dirce) were all raised on the south side of San Antonio. Cointa is preceded in death by her husband Ramon (2015) and her son Joe in 2005. Cointa was a dedicated mother and wife. She spent her life devoted to her children and family, spending much of her free time connecting with friends and family abroad on the phone. She cooked for her family like a traditional Mexican woman. No matter what time the family arrived, she gladly cooked them her favorite recipes including Tamales, Menudo, Tostadas, Caldo, Chiccharron, Black Beans and Entomatadas. Many memories were made in her dining room, sharing stories, food and desserts. Cointa loved plants and was an admired Gardner. She leaves behind a legacy of mature fruit trees and diverse rose bushes that she nurtured for years. She loved all animals, especially her cats who she spoiled with treats and affection. One of her most significant qualities was her generosity. She is survived by 11 grandchildren and 13 great grandchildren. She will be greatly missed by all.
Hector V. Villarreal was born in San Antonio, Texas in 1938. Mr. Villarreal is married to Mrs. Bonnie D. Villarreal and they live in San Antonio, TX. They have 5 wonderful adult children between them and two very special grandchildren.

Upon completion of the US Army Basic Training and Advance Infantry Training, he was selected to attend the US Army Officer Candidate Infantry School. Graduated and was commissioned a 2nd Lt in the US Army, Infantry Branch. Early in his service years, he was a platoon leader of communications, infantry and armed cavalry platoons; commanded several infantry companies as a 1st Lt and as a Captain in Panama and in Vietnam respectively. As a Captain in Vietnam he was a Company Commander, Assistant Fire Base Commander, was the S-3 Operations Officer for the 5th Battalion (Mechanized) 60th Infantry, 9th Infantry Division, and was the S2 Intelligence Officer for the same battalion for his last month in Vietnam with the 1st Infantry Division.

In addition, he has been a guest speaker on many different occasions, one of which resulted in the writing of the book Back from War: Finding Hope & Understanding in Life after Combat, by 1st Lt Lee Alley. Mr. Villarreal wrote Chapter 22, “The Letter”. Chapter 22 tells of a letter that was written by a grieving father that Captain Villarreal received in Vietnam. Captain “V” has kept it all these years and comments on the impact that it has had on his life and the lives of others.

As a result of the Book, Mr. Villarreal did book signings as a Contributing Author in the San Antonio area. After speaking and listening to about 4,500 Veterans and their families, he formed the San Antonio Coalition for Veterans (SACV) in 2007 to handle the concerns brought about these conversations. SACV is a non-profit organization that helps to connect Veterans, Service Members and families by connecting them with local Veteran resources and continues to grow with over 2000 “working partners”. For more information, please see www.sacvf.org
Jump into Summer!
(And Avoid the Back-to-School Rush!)

Schedule your child’s Wellness Check-Up, Physical or Immunizations during July or August to Receive a FREE Backpack & School Supplies!*

*For children ages 4-17. While supplies last. Hablamos Español. Accepting Medicaid, CHIP and most health insurances.

Call for an appointment today!

CentroMed
210-922-7000

SA PEDIATRICS
210-223-3543