Viviendo de la Tierra

Betty y Arnulfo Martínez, ante la adversidad continúan abriéndose paso
Por José I. Franco

Aline B. Carter Poetry Prize Winners Announced for Poems focused on the theme, “The
By Nancy Cook-Monroe

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About The Cover Artist: Omar González
Courtesy of Presa House Gallery
Let’s Talk About It

Mail in Votes

By Yvette Tello

How do you feel about mail-in voting? Do you believe and trust that all votes will be counted accurately for the candidates that are running for office in 2020? Let’s talk about it. #letstalkaboutit

Thomas Mc: “Mail in voting is done all the time lol people are just somehow just now heading about it shows how little most pay attention or understand. I’m fine with it since it’s always been done. If it was brand new I would still be fine with. I’m fine if that start using online voting and mobile test voting, which they could do if they used block chain technology or eventually quantum encryption.”

Darwin Walker: “I agree with mail in voting”

Nicholas Sanchez: “The only people that are against mail in voting are those that are afraid of people having an easier time to vote. I personally like it, cause I get time to look into who im voting for.”

Alice Herrera: “Boo!!”

For mail in ballots. There are restrictions in Texas and many other states. I believe 6 states accept mail in ballots only.. With many many issues due to the lack of establishing organized processes, outdated equipment and lack of oversight thus causing chaos and lost ballots. Some of those election judges are not capable of such responsibility. They just want their $50/hr and really don’t know what they’re doing, most are retired over 70. I’ve worked the elections, it’s mind boggling to see the people who have oversight at each precinct.”

Olga Caden’s Salazar: “No!”

Steven Espinoza: “To quote a dummy. “at this point, what difference does it make?” The county can’t even handle the updated electronic system. 3 glitches in one evening this last time. Always a risk of fraud regardless of the tallying method.”

Santiago Tello: “Its called absentee voting.”

Mary Svetlik Watkins: “We can’t figure out in person voting. Adding everyone to the list of voters allowed by mail is stupid. Expand early voting. If you can stand outside at HEB. You can stand outside to vote. My mom died five years ago. Every year I’ve had to remove her from Tarrant County voter roles. I’ve also had to call Bexar County every other year to tell them my dad lives and is registered to vote in Denton County and mom is deceased and died in Denton County.”

Carolina Rodriguez-Roberts: “Let us vote in person!!!!”

Richard Perez: “Absentee voting is done for very specific populations. However we have already experienced attempted voter fraud with mail in voting, it will only get worse. I think if you can stand in line at a store or restaurant, you can stand in line to vote. Go by Lowes or Home Depot on a Saturday or Sunday. “

Ignacio Oliva: “People wait in line at Home Depot. Tell me again why they can’t wait in line to vote”
About The Cover Artist: Omar González
Presa House presents UTSA MFA Thesis Exhibition Omar González: Homebound

Omar González (b. 1986) was born and raised in Kingsville, Texas, where he attended Texas A&M University - Kingsville and received his Bachelor’s of Applied Arts and Sciences in 2008 and his Master’s of Business Administration in 2009. González later returned to obtain his Bachelor’s of Fine Arts in 2014 with a concentration in printmaking.

González is a sixth-generation Tejano, with strong family ties in Mexico, which allows him to navigate the intergenerational exchanges between family members both inherited and lost. His current body of work focuses on the exploration of identity by questioning the beliefs and expectations passed down through generations. González examines the transmission of multigenerational patterns, rigid gender roles, and the power structure within the framework of the household.

The exhibition evokes a conversation about generations where Latinx people share the same values in work ethic as their padres and abuelos and reflect different actions in a different time. González said the work conveys both strength and vulnerability.

He is currently teaching printmaking at UTSA and looks forward to continuing his self-discovery as a professor and an emerging artist. Keep up with his story here: Instagram @ogprints

Presa House Gallery is proud to host the Master of Fine Arts Degree Candidate Omar González solo thesis show Homebound. The exhibition showcases highly developed printmaking techniques and installations produced throughout his three-years at the University of Texas at San Antonio. Much of his iconography is autobiographical depictions of rural South Texas, and the contributions expected of González in providing to the homestead. The exhibition opens Friday, May 1, 2020, will remain on display through May 23, 2020. A virtual tour of the exhibition and individual works can be viewed online at PresaHouse.com and Presa House social media pages. An online artist talk will premiere on the closing date on both the Presa House Facebook page and YouTube channel.

“I’m continuing the exploration of my identity as a person and artist through the lens of my upbringing. To convey this formation, I’m using a combination of large scale works and site-specific installation that dictates how the viewer interacts with the work and influences the perceiver’s art-viewing experience.”

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TEXAS’ LEADING MEDICAL CANNABIS BUSINESS MAINTAINS COMMITMENT TO STATEWIDE DELIVERY TO PATIENTS DURING COVID-19 PANDEMIC

Compassionate Cultivation continues to deliver needed medication to patients across the state safely and effectively during this time of crisis

By Heather Wagner Reed

Compassionate Cultivation, Texas’ leading medical cannabis provider, maintains its ongoing dedication to its patients statewide by providing them with needed medication during the current pandemic. Amidst the COVID-19 crisis, Compassionate Cultivation has been deemed an essential business by the State of Texas, and as Texas’ shelter in place ordinance went into effect at the end of March, the company implemented every possible measure to safely supply patients with their treatments, serving families in need and keeping their patients and employees healthy.

“It’s important now more than ever that our patients continue to have access to this life changing medicine,” said Morris Denton, Compassionate Cultivation CEO. “We know that many of our patients have compromised immune systems, and we’re going to great lengths to ensure we can get our medicine into the hands of our patients quickly and safely and without compromise.”

In the wake of COVID-19, Compassionate Cultivation continues to provide service to patients requiring their medication while simultaneously increasing the safety protocol for their delivery drivers and adopting strict measures to ensure that both patients and drivers are kept safe during the transaction. The Compassionate Use Program is regulated by the Texas Department of Public Safety, and Compassionate Cultivation continues to work closely with them to ensure all compliance measures remain in place.

“At Compassionate Cultivation, nothing is more important than the safety and health of our patients, coworkers, stakeholders, and community at large,” said Dalton Edwards, Manager, Safety and Compliance at Compassionate Cultivation. “We achieve safe and healthy working and dispensing conditions by fostering a culture focused on awareness, open communication, safety education, supervision, and safe working and dispensing methods.”

“We have had no issues with delivery, no interruptions,” said Blanca R., whose daughter suffers from epilepsy and has been a patient in the program since 2018. “I called when the stay in place situation happened, but was told there was no issue, they were still doing deliveries. Compassionate Cultivation would remain open and that made me feel better, I was a little panicked.”

“The drivers know our patients, they know their stories and, in many cases, have become their advocates,” said Christina Burke, Chief of Staff & Culture at Compassionate Cultivation. “Our drivers share in their success and in their struggles and have made personal commitments to ensure every one of them has access to their medicine, even when it means being away from their own families during these uncertain times - because our patients are a part of our family.”

Compassionate Cultivation drivers are currently working diligently to ensure that patients from all across the state are receiving their medication on time. Drivers who have to travel long distances and need to stay overnight at a hotel are even taking thorough measures in disinfecting hotel rooms so they are as safe as possible. The Compassionate Cultivation team is providing disinfecting chemicals and instruments for their drivers, including SaniDate 5.0, a disinfectant that is effective in eliminating Human Influenza Virus (H1N1), Avian Influenza Virus (H9N2), and Novel Coronavirus (COVID-19).

“Delivering medicine to patients is an experience that has developed into friendships that I wouldn’t trade, and it gives me the opportunity to witness the help and relief that our products provide when nothing else has worked.” said Dan Nowell, Customer Service (Delivery) at Compassionate Cultivation. “I am proud of our company and the approach that’s being taken in fighting the spread of COVID-19. I am equally proud of the response from the patients, with whom I interact daily, who are also using PPE and are equally committed to staying healthy during this unusual time. We are all in this pandemic together, and together will see it through.”

“It has been very scary for us because [our child] Tomas is medically fragile,” said Sara L., whose son, Tomas, takes the medicine to treat his symptoms associated with Autism. “He is a child that has a respiratory disease, so having the comfort of somebody who can come to our house to deliver this medication, wearing the appropriate protective gear and with compassion is huge. We’ve really been able to unlock parts of Tomas’ personality with the medicine, it is such a huge comfort for us to have that safe delivery option.”

Since its inception, the Austin-based company’s vertically integrated business has been providing high quality medical cannabis products to patients across the Lone Star State, with their production licensed through Texas’ Compassionate Use Program. This program allows for the production and dispensing of low-THC cannabis for medical use after being prescribed by qualified physicians to patients with specific medical conditions. Qualifying conditions for the medicine can be found here. To learn more about how to become part of the Compassionate Use Program, please visit here.

For more information on Compassionate Cultivation and the Compassionate Use Program, please see texasoriginal.com.
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Betty y Arnulfo Martínez, ante la adversidad continúan
Abriéndose paso operando puesto comercial al aire libre

Por José I. Franco

Los esposos Elizabeth (Betty) y Arnulfo (Rusito) Martínez, desde el año 2001, con ayuda de su familia comenzaron a trabajar en puesto comercial ambulante con razón social “Beauty Spot”, y posteriormente con el segundo “El Cevichero”, ambos con permisos autorizados.

Beauty Spot, ofrece al público artículos de belleza, calzado, perfumería y ropa de prestigiadas marcas los cuales adquieren en compras al mayor en la empresa a las que compran los cuales adquieren en compras al mayor con permisos autorizados. Por igual en El Cevichero, que ha venido siendo apoyado por el señor Roger Vidal Delgado, propietario del restaurante Speedy’s Fish, ubicado en el 9333 SW Loop 410, donde tienen dos lotes en la 1st Street y 4th Street, lo cual les da la oportunidad de ser supervisados por ambos en cada uno de los puestos.

Sus negocios los promocionan en el sitio de Instagram con el nombre de el_cevichero1.

Para lograr sobresalir en Beauty Spot, los esposos Martínez, tuvieron que luchar ante la adversidad, sobre todo para obtener los requisitos que se les exigian, para ser autorizados y vender productos de calidad y autenticidad. Su tenacidad y fe, fue el pilar que les llevó a ser aceptados por las empresas a las que compran los artículos que a la fecha les siguen dando las oportunidades de surtir su estantería.

Betty, quien se desempeña como ama de hogar y quien surte las necesidades de ambos puestos, indicó que también se han ayudado con las ventas de las tradicionales fechas del Día de San Valentín, Día de la Madre, y de la región de El Álamo. Entre los equipos con los que jugaron se puede nombrar a Cameroteros de Santa Gertrudis de los hermanos Sandoval, club Santa Fe, y la selección Cougars de San Antonio de la Liga Arredondo S.L., con la que realizaron giras por el norte de Texas y sur de Nueva Orleans.

“Conozco a Betty y Arnulfo, desde hace dos años. Ambos son muy trabajadores, por lo que aprecio que estén ocupando ambas esquinas durante los fines de semana. A la vez me sirve porque también ello me ayuda a promocionar mi restaurante Speedy’s Fish. Seguiremos ayudándonos mutuamente y no queda más que seguir adelante y deseándoles todo lo mejor”, dijo el señor Roger Vidal Delgado.

“Mi hermano Arnulfo y su esposa Betty, siempre han sido buenos para el trabajo y muy dedicados a su familia. Por eso han logrado contrarrestar los malos tiempos, y a la vez les ha ido bien”, dijo Ruso Martínez.

Durante el pasado fin de semana dedicado al Día de las Madres, Betty, Arnulfo y su familia, realizaron el concurso anual denominado “Mother’s Day Giveaway Contest”, un concurso para seguidores de Instagram, sobre sus pensamientos del Día de las Madres. El ganador fue un joven de 18 años de edad, quien emocionado en su domicilio recibió el premio, consistente en ramo de flores, globos y una charola grande del delicioso ceviche preparado especialmente por El Cevichero.

De acuerdo a la señora Betty, ellos cada año en reciprocidad han venido compartiendo con su clientela, de acuerdo a los alusivos festejos del 14 de Febrero (Valentine’s Day), y Día de las Madres. “En ambos concursos entregamos premios económicos, entre otros artículos y arreglos florales”, dijo la señora Martínez.

Los esposos Martínez, se encuentran satisfechos porque sus hijos, han logrado superarse en sus estudios y en deportes que practicaron y siguen ejerciéndolos. Su hija Viridiana, de oficio empleado en la industria de la construcción. En sus mejores años, practico el balompié como portero estelar en circuitos independientes, al lado de sus hermanos Ricardo (Ruso) Martínez quien jugó de mediocampista y Josué Martínez (mediocampista), al retirarse decidió probarse como árbitro local, trabajo que realizó excelentemente en ligas de la región de El Álamo. Entre los equipos con los que jugaron se puede nombrar a Cameroteros de Santa Gertrudis de los hermanos Sandoval, club Santa Fe, y la selección Cougars de San Antonio de la Liga Arredondo S.L., con la que realizaron giras por el norte de Texas y sur de Nueva Orleans.

“Siempre hemos apoyado a nuestros hijos para que se superaran y continuaran adelante. Así lo han hecho, respondiendo excelentemente y dándose la mano cuando requerímos de su ayuda en los negocios, actividades del hogar y en servir a la comunidad”, dijo Rusito Martínez.

En las fotos aparecen: Clientes. Betty y Arnulfo, durante el pasado fin de semana Día de las Madres. Arnulfo, Betty con familiares, amistades y Roger Vidal Delgado. Los hermanos “Rusito”, y “Ruso” Martínez. (Fotos por Franco)
Farm Fresh: ¿Cuán nutritivos son nuestros cultivos?

Por Terry Stanton

Cuando COVID-19 forzó a los estadounidenses a comer más en casa, la oportunidad estaba allí, al menos hipotéticamente, para cambiar a una dieta más saludable, dando al sistema inmunológico del cuerpo un impulso muy necesario en un momento en que combatir las enfermedades es crítico.

Desafortunadamente, muchos cultivos en granjas estadounidenses no son tan saludables y ricos en nutrientes como podrían y deberían ser, dice Steve Groff (www.stevegroff.com) autor del próximo libro The Future-Proof Farm y fundador de Cover Crop Coaching, que educa a los agricultores y asesores agrícolas sobre el uso efectivo de los cultivos de cobertura.

Los cultivos de cobertura son plantas que se cultivan no para comer, sino para mejorar el suelo. Una mejor tierra produce cultivos más densos en nutrientes, dice Groff, que a su vez puede proporcionar esa ayuda al sistema inmunitario.

“Históricamente, los agricultores no han tenido un incentivo para cultivar alimentos ricos en nutrientes con una mayor cantidad de vitaminas y minerales”, dice. “A los agricultores se les paga en función de la cantidad de su rendimiento, no de la calidad. Desde su perspectiva, ¿por qué enriquecer el suelo en el que crecen los cultivos si eso no conduce a un mayor rendimiento? Pero cuando el suelo se enriquece con minerales orgánicas, y numerosas otras empresas que han tomado el pulso del público en los últimos años. “Los agricultores individuales que ven lo que viene se han unido a esa tendencia hacia una mejor nutrición”, dice Groff.

Los límites de los suplementos vitamínicos. Es cierto que los consumidores pueden recurrir a estos suplementos vitamínicos para compensar lo que falta en sus alimentos, fortaleciendo así su sistema inmunológico. Pero las personas también quieren disfrutar del sabor de una buena comida cuando obtienen sus vitaminas y minerales, que una píldora no proporciona, dice Groff.

“El sabor también está relacionado con la calidad del suelo”, dice.

Las compañías de alimentos se están subiendo a bordo. Algunas corporaciones de alimentos ya están recurriendo a los agricultores que pueden proporcionar los alimentos más nutritivos que esas compañías quieren vender a sus clientes, dice Groff. General Mills, en particular, se ha interesado en trabajar para mejorar la probabilidad de obtener cosechas saludables. La compañía ha invertido más de $ 5.5 millones en iniciativas para mejorar la salud del suelo.

“Creo firmemente que las personas deben ser responsables y estimular su sistema inmunológico con alimentos nutritivos como una forma estratégica de mantenerse más saludables”, dice Groff. “Y todos parecen estar de acuerdo con los fabricantes de multivitaminas que dicen que nuestra comida ya no es tan nutritiva como lo era antes. Pero la solución debe abordar directamente esa deficiencia en nuestros alimentos. Todo comienza con la regeneración del suelo. Producirá alimentos más nutritivos cuando le permitamos hacer su trabajo”.

Acerca de Steve Groff

Steve Groff (www.stevegroff.com), un agricultor de toda la vida, es el fundador de Cover Crop Coaching, que educa a los agricultores y asesores agrícolas sobre el uso efectivo de los cultivos de cobertura. También realiza consultoría internacional sobre agricultura regenerativa y es autor del próximo libro The Future-Proof Farm. Ha realizado más de 150 seminarios web y sesiones de capacitación en línea, y ha consultado para empresas privadas, así como para el USDA y varias universidades.

El Brillo De Tus Ojos

Un Poema por Joe Aleman

Hay Muchas Estrellas
En Los Cielos.

Y Todas Tienen Celos.
Porque Ni Una
Tiene El Brillo:
Mas Lindo:
Que El Brillo De
Tus Ojos.
Pandemic Threatens Latino Student Achievement

Dr. Ricardo Romo

Schooling during the pandemic lockdown is not going well for many Latino students. Truthfully, the majority rather be in the classroom than at home. According to the New York Times, more than 50 million children in the United States will be shut out of school for this Spring semester and for the foreseeable coming months in 2020.

Texas Latino children are especially at risk of losing out in the learning curve because many of their parents work in essential jobs and thus they have less time to spend as “teachers” in homeschooling. Latinos are 65 percent of the city of San Antonio’s growing population. The teaching process is being interrupted by the fact that Latino parents who are now “teachers” are also away much of the day as they serve as the essential workers of San Antonio and in other large cities.

Latinos make up the majority of workers who deliver groceries, stock warehouses, serve as the security guards and nurses, and operate the fire trucks and ambulances of the city. They also make up the majority of workers who have lost their jobs in the restaurants, retail and tourism businesses of San Antonio. Local leaders worry that many of these businesses will not reopen, further disrupting the local economy and pushing more Latinos into poverty.

Thousands of the parents who are at home with their children do not have the academic preparation, the teaching skills, or access to their children’s teachers to assure the most meaningful instruction, especially at the higher levels. There is also the issue of internet access. The New York Times reported that an estimated 12 million schoolchildren, approximately one in five students, do not have internet access at home and thus have difficulty completing their online schoolwork assignments.

There is no shortage of love in most Latino homes, there is just a shortage of time and technology. My wife Harriett, [a retired teacher and college professor], and I recently walked around in our neighborhood and saw evidence of that love in a sign in front of a Latino home. It read, My Teacher Loves Me!. The teacher was of course, the mom or dad.

In Texas, Governor Abbott has cancelled classes for the remainder of the school year. That is certainly the right policy decision. As a retired educator and father of two children who attended schools in Texas, I know how difficult it is to supervise learning in the home. During the years that I taught at the University, I stayed home during the summer months. Our teachers do a great job and most of us are ill-equipped to fill in during the summer vacation months, especially in subjects like physics and math. Studies show that during the summer months many students will forget much of the math and many of the reading and writing skills they learned while in formal classes.

Our Texas school children must stay at home until it is safe to return to the classrooms. This will not happen before September of 2020 and perhaps later. Thus, state leaders must find strategies to solve the learning lost. However, the gap in learning in Texas is a broader problem than homeschooling.

In numerous Latino neighborhoods in San Antonio, school children are expected to learn in less than ideal circumstances. There are major school funding inequities in local school districts and several San Antonio schools have long suffered with crowded classrooms. School districts in Latino neighborhoods are paying their teachers far less than what they could earn in wealthier communities.

When it comes to the difficult budget allocations after the coronavirus, Texas school children must be our top priority. They are our future. While Texas expects a severe budget shortfall due to the sharp drop in sales taxes and dwindling oil revenues, state leaders must put education ahead of what they traditionally fund most-- roads and prisons.

There is a pressing need for political action. The Governor should call for a special session of the legislature this coming fall. In the meantime, school districts must continue to find ways to assist the parents of school children who are currently learning at home.

Photo credits: Dr. Ricardo Romo
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Aline B. Carter Poetry Prize
Winners Announced for Poems focused on the theme, “The Natural World of Texas”

By Nancy Cook-Monroe

Monetary awards prizes for San Antonio high school students

A citywide poetry competition for high school students is awarding six young poets with monetary prizes in the second annual Aline B. Carter Poetry Contest for Young Poets, co-sponsored by the Maverick Carter House and Gemini Ink Literary Arts Center. Poems focused on the theme, “The Natural World of Texas.”

Winners in the three categories are William Rowden of Brandeis High School for Best Poem in Free Verse, Gina Yu of Health Careers High School for Best Poem in Form, and Ricardo Rodriguez of North East School of the Arts for Best Poem in Spanish. Each award carries a prize of $100.

“We were thrilled to have nearly twice as many submissions than in our inaugural contest last year,” said Marline Carter Lawson, granddaughter of Aline B. Carter, who sponsors the contest with her brother Paul Carter. The competition honors Aline’s championing of young writers through a similar contest in her lifetime and poetry readings at her family home, the historic Maverick Carter House, downtown. Carter served as Poet Laureate of Texas from 1947 to 1949, co-founded Poetry Day in Texas, and continued writing poetry until she died at age 80 in 1972.

A winners reception with readings and check presentations was planned in the Maverick Carter House but had to be canceled due to COVID-19. Readings of poems by the top three winners are available on the Maverick Carter House website maverickcarterhouse.org.

Cuna Tejana

Por Ricardo Rodriguez de North East School of the Arts al mejor poema en español

No hay nada como el soplo de una baja brisa Tejana mal-presentada en una noche de verano húmeda levantando las cortinas espectrales que se mueven como muchachas, vestidas de seda, media-desnudas... corriendo por el monte

Desde aquí — desde esta aislada ventana puedo ver la frontera quieta — con procesiones musicales

y orchestras y óperas de chicharras invisibles Andando con su festival o triste funeral A la orilla del cuerpo envejecido y mal-nutrido del gran río, ya medio seco y sin profundidad.

Aquí hay una nube más legendaria, más perfecta que las mismas neblinas de caracola que circulan el mismo Monte Olimpo — Estas nubes fueron pintadas por un pintor, por un tal Dalí, o una tal Kahlo, para que los mismos Arcángeles salvajes del paraíso jueguen en ellas y Nos vigilen desde los cielos— para entretenerse, Para que bailen y armen sus castillos de algodón vaporoso, Para que se bañen y descansen en hamacas mojadas Empapadas de sudor.

Y las ninfas Tejanas y Mexicanas, cantándole al zopilote nocturno y el ratonero plateado, en una noche, al llegar esa hora gris crepuscular, La soñolienta madrugada que empieza ver el destello fino de color

a las flores de pradera y trozos de oro en el río

Ahi llegó el amanecer, las nubes anunciaron sus trompetas con cascad as de rojo, rosa, y naranja reluciente por los cielos, como si hubiese derramado sus acuarelas por un techo de azul ligero Y ahí, un cardinal inyectado con un suero rojizo furioso se perco en una rama retorcida, respiro hondo, y dejo salir una serenata

que por un momento pensé Vino de la boca de mi madre cantándome una canción de cuna en aquel tiempo perdido, En una mañana lejos y remota tan Tejana cómo está.
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