San Antonio’s Forgotten Garden

Miraflores
a Garden for the Ages
By Dr. Ricardo Romo

Gen-Z, The Most Diverse, Best Educated’ Generation yet
By Hunter Geisel

Selección East Derrotó al West en el All–American Bowl
Por Sendero Deportivo

Is Anxiety Controlling You?
By Michelle Idar

Solo un Pensamiento: Hacer una Diferencia Real
Por Steve Walker
Let’s Talk About it...

Votes Matter

By Yvette Tello
State Rep. Justin Rodriguez was named the interim Bexar County Commissioner less than one week after Commissioner Paul Elizondo (Pct. 2) died. There is no formal application process and no paperwork to submit for the interim position, it’s solely up to Judge Wolf. The City is following its own process to fill a vacancy on City Council. It requires an application, deadlines, and a Council vote. Queta Rodriguez ran against Elizondo last year. Elizondo received 5,391 votes in the primary runoff, she received 5,003. Wouldn’t it make sense that she would have at least been considered for the interim position? The people clearly voted for her. Is it just me or is there something terribly wrong with giving one person in our county so much power? Shouldn’t the Commissioners court vote just as City Council has to? Let’s talk about it...

By Rudy Rocamontes Jr.
“Of course, I agree with you. But that’s why it’s called politics!”

Michelle Butler:
“I would rather have someone appointed. Rodriguez didn’t win and neither did the person who would be appointed. It’s the way the system works when someone from city council leaves the person who ran against them and lost isn’t given the seat. They appoint someone in the interim”

Regina Deseri Gonzales:
“Rodriguez is clearly the next choice. Sounds corrupt and a good ‘ol boy system. Change is needed”

Mary Svetlik Watkins:
“Here we have an application process, public interview during session and then the board votes. When elections are held that seat is up for election. Even the if it’s off cycle. I think there should be at least some vetting process.”

Santiago Tello:
“Some connected political hack will get it Yvette. I agree with your solution. I met Queta on several occasions through the honor guard and I found her to be an intelligent and capable lady.”

Jeff Hull:
“I was asking myself the same question. With all due respect to Mr. Elizondo, may he rest in peace, Queta Rodriguez is a personal friend but outside of that she is definitely qualified. What’s important to me as a citizen is that city politicians care about us all. From the bottom up. I have watched Queta’s parents both serve as neighbors and on a political level. They are good standing citizens and I would trust the city and the Office to Queta Rodriguez. Hands down.”

Penelope Perez:
“We have to appreciate the interim of it all, like stuff happens and we have to find coverage ASAP so that the city can keep moving. I agree that Mr. Elizondo should be replaced by someone nominated by the people, but that takes time. It surprised me that State Rep. Justin Rodriguez was quick to leave his seat during a legislative year! Who will replace him? He was first elected to the House in 2012 and he previously served on the San Antonio City Council. I don’t know if he is planning on staying or what, but I would think Texas legislature would be more interesting than county commissioners.”

Yvette Tello:
“Mr. Rodriguez was selected as interim commissioner until another election takes place. This is a process (protocol) in place for most positions. Yes, Queta is qualified but so are a lot of other citizens. Ms. Queta lost for a reason. Maybe she won’t make the same mistakes in her next campaign.”

Esteef Voldese:
“To me, it’s politics, it’s not supposed to be ‘fair.’”

Michelle Butler:
“I would strongly agree. But be there should be a protocol in place his situation happens again. Just like City council.”

Blue Rose Alvarez:
“I wouldn’t agree. It would be replaced by someone appointed by the City Council.”

Ms. Queta lost for a reason. Maybe she won’t make the same mistakes in her next campaign.”

Penelope Perez:
“We have to appreciate the interim of it all, like stuff happens and we have to find coverage ASAP so that the city can keep moving. I agree that Mr. Elizondo should be replaced by someone nominated by the people, but that takes time. It surprised me that State Rep. Justin Rodriguez was quick to leave his seat during a legislative year! Who will replace him? He was first elected to the House in 2012 and he previously served on the San Antonio City Council. I don’t know if he is planning on staying or what, but I would think Texas legislature would be more interesting than county commissioners.”

Michelle Butler:
“I would strongly agree. But be there should be a protocol in place his situation happens again. Just like City council.”

Blue Rose Alvarez:
“I wouldn’t agree. It would be replaced by someone appointed by the City Council.”

Ms. Queta lost for a reason. Maybe she won’t make the same mistakes in her next campaign.”

Penelope Perez:
“We have to appreciate the interim of it all, like stuff happens and we have to find coverage ASAP so that the city can keep moving. I agree that Mr. Elizondo should be replaced by someone nominated by the people, but that takes time. It surprised me that State Rep. Justin Rodriguez was quick to leave his seat during a legislative year! Who will replace him? He was first elected to the House in 2012 and he previously served on the San Antonio City Council. I don’t know if he is planning on staying or what, but I would think Texas legislature would be more interesting than county commissioners.”
About the Cover Artist:
Dr. Aureliano Urrutia

By Dr. Ricardo Romo

Arriving in San Antonio, Texas in 1914, Dr. Aureliano Urrutia rapidly established himself as one of the finest medical physicians in the city. His legacy, however, is not limited to the medical profession. By all accounts, Dr. Urrutia was San Antonio’s first major importer of Mexican ceramic products, which included colorful tile, plates and vases. Few tourists and shoppers visited Mexico before the Mexican Revolution of 1910. Travel to and from Mexico, especially the interior regions of Mexico, was difficult throughout the 19th century. Before the construction of the railways and highways from San Antonio to Mexico, few Americans dared to transport the fragile ceramic products to the United States.

Over three decades—1920 to 1950—Dr. Urrutia sought out Mexican ceramic products, especially tile that he used for his new home and clinic as well as his large Miraflores garden grounds. It is rumored that Dr. Urrutia shipped two railroad freight cars of Mexican treasures to San Antonio following his exile from Mexico.

Dr. Urrutia likely bought much of his ceramic material and artisan products in the state of Guanajuato. Dating back to the 16th century, artisan from the Guanajuato had excelled in the production of ceramic products. While experts have yet to study all of the tile, plates and vases of Miraflores, it is likely they will find a significant number from the towns of Guanajuato, Guanajuato and Dolores Hidalgo, two of the more famous ceramic producers. Dr. Urrutia died in 1975, but his legacy in the world of Mexican folk art and ceramic tile lives on.
San Antonio’s Forgotten Garden

Miraflores
a Garden for the Ages

By Dr. Ricardo Romo

The heavy rainfall over the fall months of 2018 delayed conservation work on Miraflores, one of San Antonio’s most fabled gardens. The rain showers flooded the water table under the garden’s grounds and as a consequence water overflows and fills the low spots of the garden. There are no easy answers for keeping water from coming up through the grounds which currently is creating a multitude of shallow ponds.

Miraflores was the brain-child of Dr. Aureliano Urrutia, the former Minister of the Interior under the presidency of Victoriano Huerta. President Huerta ruled Mexico from 1912-1914. Dr Urrutia had been the personal physician of the previous two Mexican presidents but in 1914 he fell out of favor with Huerta.

Urrutia fled Mexico in 1914 at about the same time that United States Army Major General Funston arrived in Mexico with orders to block the port of Veracruz. The United States had refused to recognize Huerta’s government, and with rebel forces led by Francisco Villa and Emiliano Zapata closing in on Mexico City, Huerta fled to Spain. Urrutia, sensing great danger for all of Huerta’s appointees, booked passage to Galveston, Texas and then traveled to San Antonio where he practiced medicine.

Dr. Urrutia bought the 15 acre garden adjacent to the San Antonio River in 1921 and over the next forty years he entertained guests at Miraflores, including the famous Mexican movie star Dolores Del Rio. The beautiful outdoor benches, tables and tile arches were the work of Dionicio Rodriguez, famous for his cement faux bois (imitation wood).

In its prime, during the years 1921-1960, Miraflores was one of the most beautiful gardens of the city. Elise Urrutia, the granddaughter of Dr. Urrutia, wrote that “Urrutia used Miraflores as his outlet for creative expression, and between 1921 and 1930 he fashioned the property into a fantastic garden of statuary, fountains, pools, and meandering waterways.”

In 1960 Dr. Urrutia sold his residence on Broadway to a car dealership and moved for a time to his Quinta Maria cottage in Miraflores. Shortly afterwards, he sold his Miraflores property to USAA and moved to Monte Vista. He died in San Antonio in 1975 at the age of 103.

The work of the Brackenridge Conservancy is to effectively preserve the artifacts, trees and plants of Miraflores. The Conservancy also faces the challenge of restoring Quinta Maria, the summer home of Dr. A. Urrutia.

Elise Urrutia, who is writing a book on the life of her great grandfather, commented recently that “Unfortunately, Miraflores has suffered remarkable decay under ownership by various corporations” which took over the gardens following the sale of the property in 1960 when Urrutia retired. The garden, she observed, is currently “flattened, defoliated, and in a struggling state of advanced disrepair.”

Of the original 15 acres of Miraflores gardens only four and a half acres of the original land remain. The garden’s location next to the San Antonio River and adjacent to Brackenridge Park makes it prime parkland for city residents. Across the street on the campus of Incarnate Word University are the headwaters of the San Antonio River.

With the blessing of the Brackenridge Conservancy led by the very able director, Lynn Bobbitt, I toured the grounds recently with
By Leonard Rodriguez
This column will highlight inspiring stories of Latino leaders. For more than 500 years, Latino men and women have positively influenced the face of United States society. Let us celebrate these outstanding Hispanics.

Antonio Carlos Jobim
From commercial to jingles to film scores, Antonio Carlos Jobim, born in 1927, was already a musical celebrity in his native country of Brazil by the 1950’s. International stardom came when he wrote the music for the “Black Orpheus,” a French-Brazilian film that earned both an Oscar and Cannes Film Award in 1959. The following year, his bossa nova movement caught hold in the U.S. as numerous jazz performers began recording songs with Jobim’s traditional Brazilian rhythms. Credited as one of the creators of bossa nova, he was inducted into the Songwriters Hall of Fame and received the organization of American states Diplome d’Honneur for “exceptional talents and outstanding work on behalf of Music in the Americas.”

Tim Palomera, a former City of San Antonio Architect. We were not there to solve any environmental issues, just to contribute to documenting the architecture and other historical artifacts on the property. The main arch of the garden has been moved to the San Antonio Museum of Art. However, there are still many treasures to enjoy in Miraflores.

Writing for Texas Architecture in 2007, Walt Lockley commented that Miraflores “looks like a neglected, overgrown private cemetery, except instead of headstones, it’s a collection of statues and architectural fragments. Mysterious. And off-limits to the public.”

Miraflores is too marvelous a treasure of nature and art to neglect. Elise Urrutia reflected on her grandfather’s homestead and noted that “The garden was, because of his particular outlook, a detailed lesson in the uniqueness of Hispanic culture—a lesson that, if we can recover it, could be a beautiful gift to our citizens and visitors to our city.” She is certainly right, and all San Antonians should hope that one day Miraflores will be restored to its old glory.
Analysis States that Gen-Z on Track to be ‘Most Diverse, Best Educated’ Generation yet

By Hunter Geisel

An analysis from the Pew Research Center states that the “post-Millennial” generation is on track to be the most diverse and educated generation yet.

The Pew Research Center released an analysis of data from the Census Bureau where it found that the post-Millennial generation (also known as “Generation Z”/“Gen-Z”/“Gen-Zers”; “i-Gen”; “Homelanders”) is already the most racially and ethnically diverse generation, and that older members of this generation are enrolling in college at significantly higher rate than the Millennials before them.

According to the analysis, 52 percent of Gen-Zers (roughly now around the ages of 6 to 21) are non-Hispanic white. Meanwhile, 25 percent of Gen-Zers are Hispanic, which is seven percent higher than the previous generation.

Those who identified as Asian or with another ethnic/racial identity grew at least two- to four-percent higher than Millennials. The only demographic that seemed to show little change were black people, which only had a one-percentage point difference between generations.

Although Gen-Zers are more likely to be Hispanic and Asian compared to previous generations, they’re not more likely to be immigrants. The Pew Research Center found that only seven percent of those born in the post-Millennial generation were foreign born, compared to eight percent of Millennials; however, Gen-Zers are more likely to be born in America with at least one foreign-born parent (22 percent) compared to Millennials (15 percent).

In terms of numbers, Millennials were shaped to a much larger extent by young immigrants than Gen-Zers. When Millennials were between ages 6 and 21 in 2002, they numbered at 65.3 million, including 5 million immigrants. Adjectively, only 4.4 million of the 66.5 million Gen-Zers are immigrants - a pattern that the Pew Research Center stated “mirrors” those of Generation X, the generation before Millennials.

Even with the flow of immigrants into the U.S., the racial and ethnic diversity of Gen-Z is expected to increase in the future as new immigrants join their numbers. The Pew Research Center stated that Gen-Zers are projected to become majority nonwhite by 2026 (when they reach the ages of 14 to 29), according to census projections.

The Pew Research Center also found that the geography and mobility of Gen-Z differ from earlier generations.

The analysis stated that Gen-Zers tend to reside in metropolitan areas opposed to rural areas, with only 13 percent of them in rural areas compared to the 18 percent of Millennials, the 23 percent of Gen-Xers and 36 percent of Baby Boomers. America’s urban and western regions are also growing in racial and ethnic diversity, where two-thirds of Gen-Zers living in urban counties aren’t white, with a plurality of the population being Hispanic (36 percent).

When talking about mobility, the Pew Research Center stated that Americans aren’t moving around as much as they used to and Gen-Zers are no exception - 11 percent of Gen-Zers in 2018 had a different address from a year earlier, that implied they moved. Meanwhile, 17 percent of Millennials along with 20 percent of Gen-Xers and Baby Boomers had moved in the past year when they were the ages of Gen-Z.

Education

Initial signs in the census analysis suggested that Gen-Z is on track to become the country’s most well-educated generation yet. Some of the overall improvements included a leap in high school completion among Hispanic youth, stating that 76 percent of Hispanic Gen-Zers completed high school compared to 60 percent of Hispanic Millennials in 2002. Black high school completion rates also improved, stating that 77 percent of black Gen-Zers completed high school compared to 71 percent of black Millennials in 2002.

Because white Gen-Z high school attainment is no higher among white Millennials, the Pew Research Center suggested that some of the longstanding racial and ethnic gaps in high school completion are narrower among Gen-Zers compared to prior generations.
One of the indicators in these changes suggested that younger Gen-Zers are behind where Millennials were in their progress in K-12 education. In 2017, 30 percent of Gen-Zers ages 6 to 17 were enrolled below the “modal grade,” or the grade which a child is enrolled in at a given age. By comparison, 25 percent of Millennials and Gen-Xers were enrolled below the modal grade in 2002 and 1986, respectively. The Pew Research Center stated that this indicator was valuable because it could foreshadow subsequent dropouts if a child is behind in school because of grade retention. However, it also stated it was unclear whether students are behind because being held back or if their parents started them in kindergarten at an older age.

Outside of K-12 education, Gen-Zers are more likely than earlier generations to pursue college, where in 2017, 59 percent of Gen-Zers ages 18 to 20 who were no longer in high school were enrolled in college. Compared to older generations, only 53 percent of Millennials and 44 percent of Gen-Xers were pursuing college that those ages.

This gain not only comes from racial and ethnic enrollment rates, but also from gender enrollment rates. According to the Pew Research Center’s analysis, 64 percent of Gen-Z women who were no longer in high school were enrolled in college - that’s up from 57 percent of Millennials and 43 percent of Gen-Xers when they were in those ages.

Workforce
The Pew Research Center suggested that Gen-Zers who are entering adulthood with less experience in the labor force than previous generations.

Roughly 19 percent of Gen-Zers ages 15 to 17 reported to have worked at all during the prior calendar year in 2018, compared to 30 percent of Millennials and 48 percent of Baby Boomers. Among today’s workers ages 18 to 21, 58 percent of them were employed in the prior calendar year. Meanwhile, 72 percent of Millennials and 80 percent of Baby Boomers were employed while they were those ages.

An analysis from the Pew Research Center states that the “post-Millennial” generation is on track to be the most diverse and educated generation yet. (Graphic: Pew Research Center)
Selección East Derrotó al West en el All-American Bowl

Red Sox y Broncos de Reynosa SA empataron sus series en Veteranos

Por Sendero Deportivo

En el Alamodome el sábado 5 de enero, con el éxito deseado se jugó el partido número 19 del tradicional (Army) All-American Bowl, que tuvo asistencia de 21,412 seguidores de las escuadras East y West. Por East el entrenador en jefe fue Strait Herron y por West, Steve Leisz.

La selección East tomó temprana delantera con marcador de 14-0 en la primera mitad, en la siguiente mitad el West por conducto del receptor Garrett Wilson de Austin, Texas, se quitó la blanqueada anotando par de touchdowns, concluyendo el partido a favor del East con pizarra de 48-14.

All-American Bowl, reunió a los cien mejores futbolistas de high school de la nación, quienes se han comprometido a continuar sus estudios en diferentes colegios y universidades de la nación donde continuarán su programa académico y deportivo en el futbol de parrilla.

Wilson, dijo sentirse satisfecho porque logró contribuir anotando en este gran partido que fue transmitido por la cadena NBC, y porque ya se encuentra comprometido para asistir al colegio Ohio State cuyo sobrenombre es Buckeye. El trofeo lo recibió Herron, y jugadores, quien a la vez lo turno al personal que estuvo colaborando y a jugadores. “Se hizo un plan rápido de juego, nos salió buena la respuesta. Ello a pesar de que se tuvo poco tiempo para conocernos entre tanto fuera y dentro de la cancha”, dijo Herron. “Mi trabajo fue estar en mi posición listo para recibir el balón. Fue un buen trabajo en equipo. Estoy orgulloso de haber representado a mi comunidad (Austin), no queda más que seguir adelante”, dijo Wilson de 18 años de edad.

En el mismo Alamodome por la tarde se jugó el partido entre preparatorianos en el tazón denominado San Antonio All-Star High School, que fue presentado por la cadena H-E-B. La escuadra Dorada (Gold) doblego a su oponente Obscuro (Black). Este partido fue conformado por estudiantes del condado de Bexar y condados colindantes.

En las series del béisbol Veterano en Potranco Baseball League, los Red Sox de Pedro Espinoza empato su serie ante Mineros con pizarra de 11-1 y victoria para Chris Lee (sublíder de pitcheo de la temporada con marca de 8-1.

Las series se jugaran en el tercer partido que será a morir. Red Sox vs. Mineros (10:00 a.m.). Broncos vs. Yaquis (2 p.m.). En las fotos aparecen Wilson anotando su segundo touchdown, y el lanzador Lee. Por este conducto Johnny López, organizador de la gira navideña del seleccionado San Antonio All-Stars, agradece patrocinio del magnate Eloy Rocha quien una vez más contribuyó aportando ayuda económica para la compra de juguetes que fueron donado a niños en las ciudades de Piedras Negras y Palaú, Coahuila.
“Aya los espero en el tren!” That’s what ‘Buelita would say to us when she started to get tired in downtown Brownsville while we watched the Charro Days parade. The train she spoke about was the black train that greeted everyone heading into Brownsville from “El Puente”, the bridge joining us to Matamoros across el Rio Grande. The train that sat near Jacob Brown Auditorium and a couple of blocks from the Friendship Gardens. The train that was painted red, white and blue when America celebrated it’s Bicentennial. The train all of us climbed up into and pretended to engineer to places near and far. It was the train that signaled every parade float, every marching band, every Mason Shriners on his mini motorcycle dressed up like clowns, every Charro, every ROTC squad that the parade had come ended and arrived at it’s final destination. It was the train where my ‘Buelita sat and rested, and where she waited for me. It was the train I ran to searching for my grandmother for a hug and a kiss. Meeting up with her there signaled our walk over to the Friendship Gardens. The Friendship Gardens was the place where the Charro Days carnival would set up way before it was moved to the fields south of Amigoland Mall, when there was a mall there and before that carnival was moved somewhere else. It was a beautiful, round “center” or hall for dances, balls, galas, Boy Scout Jamborees and many other events in need of a large space for people to congregate and spend time together. Friendship Gardens was THE place for my high school’s Presentation Ball that took place in February, it was a formal event and an event where high school “personality”s were introduced to attendees, followed by a dance where we danced to live music played by bands with the names like “SHOTGUN” and we danced to AC/DC or Lynyrd Skynyrd or Led Zeppelin in tuxedos and gowns . . . but the magic of the Friendship Gardens happened at night during Charro Days. To walk the grounds of the carnival along the resacas next to the Friendship Gardens was to walk in bright lights reflecting on the water, while the towering Ferris wheel moved slowly over the pony rides, the Matterhorn ride, the freak side shows, and roller coasters, as the scents of cotton candy, corn dogs, pony poop and popcorn filled the air. The sounds of carnival barkers, loud music, children screaming, parents yelling, young people laughing are as loud in my memory today as the days I walked the carnival with ‘Buelita, my tía Chacha and ‘Buelito so many years ago.

Today, all these memories come back like a flood in a chubasco . . . con fuerza.

Today, calendars are being cleared and arrangements being made for a trek south to Brownsville for the Annual Charro Days and Sombrero Festival, plans are being made to visit my hometown, the town full of memories, of childhood friends, the town that draws sweet emotions still tied trains, carnivals, parades, gardens, the Rio Grande and ‘Buelita.
CLASES DE TECNOLOGIA EN ESPANOL PARA PERSONAS MAYORES

Esta clase se runira dos veces por semana por 5 semanas.

¡ESPACIO ES LIMITADO!

Participantes tienen que tener 60 anos o mas de edad.

Ubicacion:
YWCA
503 Castroville rd
San Antonio, TX 78237
Registrese llamando a (210) 433-9922

Fechas de 2019:
15 y 17 de Enero
22 y 24 de Enero
29 y 31 de Enero
5 y 7 de Febrero
12 y 14 de Febrero

Tiempo:
1:00 PM A 2:15 PM
EVENTOS ESPECIALES

San Antonio se benefició con el All-American Bowl 2019

La decimonovena edición del (Army) 2019 All-American Bowl, que se jugó el sábado 5 de enero en el Alamodome entre las selecciones del East vs. West, dejó excelente derrama económica y a la vez gran proyección a nivel nacional con transmisión de la cadena televisiva NBC.

La Prensa Texas, agradece el apoyo que el señor Robert Romo (ejecutivo de Walmart), aportó para la cobertura de este magno evento deportivo. Romo en la primera foto aparece acompañado por su buen amigo Mr. Ron Hayes (President of the City Base Youth Football oganization).

La escolta militar Company H Marine Cryptologic Support Batalion presentó la bandera nacional, el himno nacional fue interpretado por la cantante Lynn Bird. Las porristas Rams M y Bandera Bulldogs, Seguin Marchin Band, así como pequeños futbolista en la categoría “Flag Football”, entretuvieron la audiencia (21,412 asistentes). El entrenador en jefe de la escuadra East, Strait Herron, recibió el trofeo presentado por Erik Richards (National Scouting Director AAG). Al final del partido jugadores de ambos equipos firmaron autógrafos entre sus seguidores que los felicitaron por su disciplina deportiva y académica.

(Fotos Franco)
By Edward Jones

• As an investor, you will have access to accounts that are taxed differently from one another. And it’s possible you could benefit from tax diversification by owning accounts in these three categories:

  • Tax-deferred – Tax-deferred accounts include the traditional IRA and a 401(k) or similar employer-sponsored retirement plan. When you invest in tax-deferred vehicles, your money can grow faster than if it were placed in an account on which you paid taxes every year. You also might consider mutual funds that do little trading and generate fewer capital gain distributions. This is important not only in terms of controlling taxes, but also because the taxes on these distributions can reduce your investments’ real rate of return.
  
  • Tax-free – When you invest in a Roth IRA/Roth 401(k), you don’t get an immediate tax deduction, but your earnings, as well as your withdrawals, are tax-free, provided you do not start taking withdrawals until you’re 59 ½ and you have had your account at least five years. (However, income restrictions do apply to Roth IRAs.)

  • So, given the difference in how taxes are treated in these accounts, how can you choose where to put your money? For example, when would you contribute to a Roth IRA or Roth 401(k), rather than a traditional, tax-deferred IRA or 401(k)? If you are in a high tax rate now and expect it to be lower in retirement, a traditional IRA may make more sense, as you potentially get a sizable benefit from the tax deduction. But if you are in a lower tax rate now, you have most of your retirement investments in tax-deferred accounts, and/or you can afford to forego the immediate tax deduction, you might find that the Roth IRA/Roth 401(k), with its tax-free withdrawals and earnings, ultimately will make more sense for you. But since no one can predict where tax rates will go in the future, having money in different types of accounts – i.e., tax diversification – can be beneficial.
  
  • If you only focus on traditional, tax-deferred accounts, you could end up with larger tax bills than you anticipated when you retire and start tapping into these accounts, particularly when you must start taking withdrawals – called “required minimum distributions” – when you reach 70 ½. By having money in accounts with different tax treatments, you may have more flexibility in structuring your withdrawals during retirement, based on your year-to-year tax situation.
  
  • There’s no formula for achieving an ideal tax diversification. You’ll want to consider your own needs and circumstances in choosing the right mix of taxable, tax-deferred and tax-free accounts. Ultimately, taxes should not drive all your investment decisions – but they should not be ignored, either.

Please contact Ernest Martinez at 210-354-4915 if you have any questions.
A Community Resource you Should get to know in 2019

By Miguel Segura

The Alamo Area Council of Governments (AACOG) delivers public services and supports local governments inside the 13-county Alamo Area State Planning Region, which covers Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina and Wilson counties. The 12,585 square miles, with a population of 2.5 million, lets AACOG cater to residents of all types, for a number of community needs.

Through federal and state funding, AACOG has the opportunity to provide these programs to our residents:

- **Alamo Agencies on Aging (AAA):** Administering services designed to improve the quality of life for area seniors (60 years and older), individuals with disabilities, and their caregivers. AAA is dedicated to building a community that allows older residents to age in place with dignity, security, and enhanced quality of life.

- **Alamo Regional Transit (ART):** Providing public transportation for all residents within the AACOG service area for the purposes of work, school, medical appointments, and shopping, to name a few.

- **Housing and Energy Conservation:** Providing Weatherization Assistance, helping low-income residents overcome the high cost of energy, through the installation of energy conservation measures and housing services.

- **Intellectual & Developmental Disabilities:** Assisting individuals with intellectual & developmental disabilities in Bexar County to live independently, in the least restrictive setting.

- **Natural Resources:** Monitoring local air quality and promoting meaningful solutions to reduce pollution.

- **Public Safety:** Assisting localities with securing state funding & implementing public safety; offering basic peace officer and correction officer programs for those who seek to become peace officers with the State of Texas; offering telecommunications certification for those seeking licensure through the Texas Commission on Law Enforcement; and continuing education courses for licensed peace officers, corrections officers and telecommunications professionals.

- **Texas Serves:** Working to serve veterans and their families by evaluating immediate needs and directing them to the network providers who can meet those needs.

A full list of available programs can be found at the AACOG website, aacog.com, or by contacting AACOG at (210) 477-3275.
Clemson Wins CFP National Championship

Por Jessica Duran

The University of Clemson Tigers have won the 2019 College Football Play-off National Championship beating powerhouse favorite Alabama Crimson Tide in historic fashion with a final score of 44-16. Clemson is the first team to finish a season 15-0 since 1985.

Coming into the game, Bama was considered as heavy favorite leaving Clemson and their true freshman Trevor Lawrence as highly underestimated underdogs. The 19 year old freshman who 10 months ago went to his high school prom and graduated from Cartersville High School in Cartersville, Georgia, played with poise and ease like a professional. He is now also the first true freshman to start and win the National Title game since 1985.

Lawrence threw 20/32, 347 yards, 3 TD passes, with a QBR of 92.8. With the stats that match some NFL quarterbacks, he simply couldn’t be stopped. Along the way though, he had help from sophomore running back Tyler Etienne who ran for 86 rushing yards on 14 carries and ran in for 2 touchdowns.

The highly touted defense of Alabama, featuring future NFL draft picks sophomore defensive lineman Quinnen Williams and junior linebacker Anfernee Jennings, looked outmatched and outsmarted by Clemson head coach Dabo Sweeney.

For Alabama and future hall of fame coach Nick Saban, it seems like the Crimson Tide couldn’t get passed The Clemson defense which were led by senior captain Christian Wilkins and junior captain Clelin Ferrell.

For Bama quarterback and Heisman finalist Tua Tagovailoa this is considered the “worst” game of his college career so far. Despite throwing for 295 yards and 2 TD passes, his 2 interceptions came at the worst time of the game giving plenty of momentum for Clemson.

This the 2nd National Championship for Dabo Sweeney and the Clemson Tigers in 3 years. Having one the top recruiting classes so far in college football, heading into the new season as champs in 7 months will feel like a breeze for Clemson. But, given that this was an embarrassing loss for Nick Saban and Bama, there is no question that this will add fuel to the fire and give motivation to prove to the nation that Alabama is still the best team in the land.

Spurs Dominate in Anticipated Leonard Return

By Jessica Duran

For Spurs fans, January 3rd was circled and highlighted as one of the most anticipated games of the year. For one, it was the first time Spurs guard DeMar DeRozan and Spurs forward Jakob Poeltl would play against their former team. Second, it was the return of long time fan favorite Danny Green’s hometown. But, most of all, it was the return of former franchise hero, Kawhi Leonard.

The AT&T Center was bursting at the seams with boos and jeers from angry Spurs fans towards Leonard throughout warmups and the game, basically from start to finish. The once beloved star, clearly affected by the thunderous boos, still finished with 21 points.

The highs of the night was the first career triple double for DeRozan, Green’s return, and a resounding 125-107 victory for the Spurs against the 2nd best team in the Eastern Conference. DeRozan finished with 21 points, 14 rebounds, and 11 assists.

Still, all the attention was on Kawhi’s return. The 2014 Finals MVP and former Defensive Player of the Year was looking forward to facing Spurs fans leading up to game despite expecting negative treatment.

The word “traitor” and Kawhi’s uncle’s name were among the things chanted towards Kawhi with some fans choosing to just boo instead of following suit.

Spurs fans may never really know what went on last season and are just reacting on the information that was given, but there certainly has to be some level of respect for what he contributed during the 2014 NBA Finals and throughout his career with the Spurs on AND off the court.

To the fans, who personally directed jeers and ugly comments towards his family who were in attendance at the game, those actions were undoubtedly inexcusable. We are better than that. Boo, chant, but don’t get personal.

Another highlight of the night was rookie Lonnie Walker IV’s career debut. Met with the entire arena chanting “Lonnie”, Spurs fans gave him such a warm and receptive welcome. After making a 3 point shot, the house erupted as if the Spurs won the NBA Championship.

This was our one game to really let Kawhi Leonard hear our anger and frustration as a fan base. Guys like Walker, Bryn Forbes, Dejounte Murray and Jakob Poeltl are the future of the Spurs franchise, and the future is looking bright. So, forget the past and welcome the future. And as always, Go Spurs Go.
Once a Marine Always a Marine:
Thanking Commissioner Paul Elizondo

By Delia A. Guajardo

Thank you for the commissioner’s support with the U. S. Military Veterans Parade Association the many years I served as President.

Thank you, Sir, for your Service to Our Country. Thank you for your interview on our program with SA Community Pride PATV.

Photos by Steve Walker
La Prensa Texas SAN ANTONIO
13 de Enero de 2019

Central Catholic Varsity Soccer
Wins Premier Tourney in the Nation

By Leslie Komet Ausburn

Central Catholic High School’s nationally ranked varsity soccer team tonight won the North Texas Elite Showcase in Flower Mound, Texas, the premier boys winter high school soccer tournament in the US. The tournament always attracts some of the best high school soccer teams in the nation. The Buttons, ranked #20 in the nation, beat four very good teams from Texas and California on their way to the championship.

Match 1: CCHS 4 - #23 Sam Houston 2
Match 2: CCHS 2 - #1 Loyola (CA) 1
Red Division Championship: CCHS 3 - Downey (CA) 1
Tournament Championship: CCHS 3 - #9 Cathedral (CA) 0

TOURNAMENT CHAMPIONS

CATHEDRAL (CA) - 0
2019 NORTH TEXAS ELITE SHOWCASE

OBITUARY

Celida C. (Sally) Sanchez

Our beloved mother, grandmother, and great-grandmother, Celida C. (Sally) Sanchez, 89, went home to the Lord on December 25, 2018 in San Antonio, Texas. She was born on January 19, 1929 to Gregorio and Feliz Atencio Duran in Tres Piedras, New Mexico. She is preceded in death by her parents, nine of her siblings, and her loving husband, Hepolito F. Sanchez.

Sally was raised on the family farm in Antonito, Colorado with her eleven brothers and sisters. They raised cattle, crops and horses and enjoyed a simple country life. There was always love with the Duran siblings around.

During her life as a dedicated military wife, she raised her children and lived in many places in the US and abroad before retiring in San Antonio with her husband in 1975. She and Grandpa were instrumental in the raising of several of their grandchildren, as well.

After she became a widow, she stayed active by volunteering at the Family Services department at Lackland AFB and joining many organizations. She is a lifetime member of the VFW, Post 9174. She also was a member of the Catholic War Veterans and the Knights of Columbus Ladies Auxiliary, Council 5262.

Her later years were spent enjoying watching her grandchildren and great-grandchildren grow and thrive.

She is survived by her sisters: Emily Mathis and Lola Tursi (Angelo); her three loving children: Sandra Anderson, Alfred Andrew Salazar (Patricia), and Melissa Sanchez Garza (Christopher); her loving grandchildren: Kellie Miller (Vance), Stephanie Whritenour, Shana Baker (Mark), Andrea Trevino (Raymond), Paula Salazar, Paul Salazar (Kristin), Andi Salazar, Andrew Salazar, Angela Apodaca (Dustin), Brianna Garza, Christiana Garza, and Angelo Salazar; and her loving great-grandchildren: Catherine Klimko, Kevin Whritenour, Ethan Garcia, Noah Ponce, Joslin Whritenour, Bryan Ponce, Madeline Vasquez, Josie Salazar, Elliot Apodaca and Baby C, due in July; and numerous nieces and nephews.

She will be missed dearly by her family and relatives.

Visitation will begin on Tuesday, January 8, 2019 from 5:00pm to 9:00pm with a rosary recited at 7:00pm at Castle Ridge Mortuary - 8008 W. Military Dr, San Antonio, TX 78227 followed by interment at Fort Sam Houston National Cemetery at 11:30am.

The family would like to thank Esther Reyes and the Nurses and CNA (Maria) at Trinity Hospice for the kind and loving care they provided our sweet Mom and Grandma.
Online Purchase Scams

By Jason Meza
Regional Director
Better Business Bureau
425 Soledad St., #500
San Antonio, Texas 78205
210.260.9843

Online shopping continues to be a popular way to make a purchase these days. Unfortunately, it can also prove troublesome. Last year, BBB Scam Tracker reported more than 10,000 online shopping scams, more than double the reported number in 2017. In South Texas last month there were more than 70 reported cases around the Holiday shopping season with individuals losing anywhere from a few bucks to thousands of dollars. Some common online purchases that resulted in these scam reports included vehicles, clothing apparel, even puppies.

The scam typically starts as a sponsored online advertisement on social media, an email solicitation or a post on a classified site. Once you click through to a website, you’re often enticed with flashy pictures or language to buy now at a low price, or you could miss out. In some cases, you must engage directly with an individual and provide payment through wire transfer. In many cases, once payment is made, the communication stops and it’s often difficult to get a hold of the seller and get your money back.

BBB has advice on avoiding a potential online purchase scam like this:

• Know the Advertiser: Fake sites can easily be created, and mimic famous retailer’s websites. You should always make sure you check the URL to ensure you’re on the right website. It’s also important to cross check language on the site through an online search, along with doing a reverse image search to see if the same picture is being used on multiple websites.

• Beware of Phishing: Phishing emails can look like a message from a well-known brand but clicking unfamiliar links can place you at risk for identity theft. It’s important to make sure you hover over the link first to ensure that link is going to a destination you’re familiar with.

• Update Anti-Virus Software: Make sure you have the latest anti-virus software updated on your desktop system, and your phone has the latest security updates.

When deciding to make a purchase, BBB suggests the following:

• Use Secure Sites: Use sites that have ‘https’ where ‘s’ stands for secure, and sites that typically have the lock icon.

• Understand the Terms: Read the terms and conditions (usually in smaller print), along with the return policy beforehand to know what you’re signing up for.

It’s also important to read the site’s privacy policy to understand what personal information is being requested and how it will be used.

• Pay with a Credit Card: This will offer additional protections – avoid paying through wire transfer and other forms of payment as it might be more difficult to get your money back if there is an issue.

• Keep Documentation: Save a copy of the confirmation page or email confirmation until you receive the item and you’re satisfied with the product or service.

For more information regarding online purchase scams, or to report a scam happening to you, visit bbb.org/scamtracker.
Is Anxiety Controlling You?

By Michelle Idar

One big assumption about Mental Healthcare Providers is that, “We have everything figured out”. We’ve trained for years to become Mental Healthcare Providers and there is no way we can’t solve our own problems, right? That is our job, right? Wrong! For years, my life has been controlled by Anxiety. I’ve been a prisoner of my own mind. My thoughts control my actions, to the point that I no longer recognized the person I have become. I would not leave my house, let alone drive. I stopped having fun and being around people, for fear of judgment. I have had more ER visits than I could count. I felt like I had lost control of who I was, and the panic attacks would never end.

As of today, I am still learning to live with anxiety and panic attacks. With help from my mental health provider and medications, I’m gaining control. Just recently, while getting my hair done, I started to sweat. My whole body tingled, and I could hear my heart beating so fast. What was I to do? I was far from home and I knew I was about to lose control. I started talking myself out of it, “Michelle you are having a panic attack, let it happen!” I know, putting more energy into it will only make it worse. I took a deep breath, and just like that, it stopped. I took control!

If you are being controlled by Anxiety, understand you are not alone. Help is available! Learn how to manage your Anxiety and take control of your life once and for all. For more information on the services provided by TCP Marriage & Family Services, please call our office at: (210) 516-2607 or visit our website at: www.tcpmfs.org.
**Solo un Pensamiento:**

**Hacer una Diferencia Real**

Steve Walker es un Veterano de Vietnam, ex Juez de la Paz y periodista.

Por Steve Walker

Periódicamente vuelvo a leer algunas de mis columnas anteriores de “Sólo un pensamiento” y recuerdo con cierto deleite lo que escribí. Ahora que comienza mi octavo año de la columna semanal, es difícil creer que haya tenido tres editores: Tino Duran, Nina Duran y ahora Steve Duran. ¡Parece que ser un Duran equivale a La Prensa Texas! Para mí es “Un paseo por el camino de la memoria”.

Muchos lectores a largo plazo pueden recordar que durante los dos años anteriores antes de “Sólo un pensamiento” también escribí una columna semanal titulada “Pregunta al juez”. Informé a los lectores sobre todo lo que quería o necesitaba saber sobre cómo encontrarse en un Juez de Justicia. La corte de paz. Para mí, ¡tengo que ser la jueza Judy dos días a la semana, entre otras cosas! Esos son recuerdos positivos.

En una columna de agosto de 2013, me enfrenté a la pregunta: “¿Estoy haciendo una diferencia?” Escribí: “Para nosotros, los veteranos que crecimos con la película “Es una vida maravillosa”, con el actor Jimmy Stewart, (también conocido como George Bailey) la pregunta es sobre si hacemos o no una diferencia en la vida de las personas. Esperemos que la respuesta sea “sí”.

A veces todavía reflexiono sobre cómo mi vida como ex juez ha tenido un impacto positivo o una diferencia en las vidas de las personas que se presentaron en mi sala de audiencias. Creo que muchas personas de todos los ámbitos de la vida han tenido pensamientos similares en más de una ocasión en sus vidas también.

Después de haber enseñado en el sistema de escuelas públicas durante 26 años, mis alumnos compartían conmigo que soñaban con querer ser médicos, enfermeras, policías o bomberos para poder literalmente salvar vidas y “hacer una diferencia”. ¿Los lectores de Prensa Texas alguna vez tuvieron esos pensamientos y nunca los expresaron a nadie?

En mi caso, me pregunté en esa columna si hice un trabajo lo suficientemente bueno como para afectar a mis alumnos de manera positiva. Me gustaría pensar que sí. Incluso ahora sigo accediendo a Facebook y puedo conectarme con algunos de mis antiguos alumnos de séptimo grado, así como con ex alumnos de secundaria que ahora son padres e incluso abuelos.

Uno de mis alumnos en el pasado era un Juez de la Corte del Condado, Walden Shelton, que actualmente tiene 57 años. ¡No sabes cuántos años me hacen sentir!! Cuando él tomó el banquillo, ya llevaba dos años en la cancha. Le dije con su túnica cuando juró: “No me vuelque el juez”. Me miró “bromeando” y dijo: “Juez, llévelo a la 4ta Corte de Apelaciones”. Un año más tarde regresó y me dijo: “Tengo dos de tus casos”. Le pregunté: “¿Qué hiciste?” ¡Dijo que confirmó mi decisión! Ahora que eran buenas noticias para mí. Le enseñé bien.

En aquel entonces, no existían Facebook, Twitter, Instagram ni nada parecido.

Sin embargo, es genial estar al día con ellos y sus vidas cuando comparten conmigo sobre sus familias, dónde han estado, el tipo de trabajo que hacen ahora y así sucesivamente. Les recuerdo a muchos de ellos en Facebook, cómo los recuerdo vividamente cuando compartí conmigo sus metas y aspiraciones para hacer exactamente lo que están haciendo ahora y “hacer una diferencia”. ¡Afortunadamente mi memoria todavía está intacta!

Me hace sentir que de alguna manera contribuí a su éxito y no a su fracaso. Joseph Medina, uno de mis antiguos alumnos de 9º grado, es miembro de la junta escolar en Northside ISD.

Ya no soy un maestro o juez, supongo que pasaré a la siguiente fase de mi vida y continuaré intentando “hacer una diferencia real”.

La Prensa Texas! Para mí es “Un paseo por el camino de la memoria”.

En un artículo anterior de “Sólo un pensamiento” también escribí sobre cómo mi vida como ex juez ha tenido un impacto positivo o una diferencia en las vidas de las personas que se presentaron en mi sala de audiencias. Creo que muchas personas de todos los ámbitos de la vida han tenido pensamientos similares en más de una ocasión en sus vidas también.

En una columna de agosto de 2013, me enfrenté a la pregunta: “¿Estoy haciendo una diferencia?” Escribí: “Para nosotros, los veteranos que crecimos con la película “Es una vida maravillosa”, con el actor Jimmy Stewart, (también conocido como George Bailey) la pregunta es sobre si hacemos o no una diferencia en la vida de las personas. Esperemos que la respuesta sea “sí”.

A veces todavía reflexiono sobre cómo mi vida como ex juez ha tenido un impacto positivo o una diferencia en las vidas de las personas que se presentaron en mi sala de audiencias. Creo que muchas personas de todos los ámbitos de la vida han tenido pensamientos similares en más de una ocasión en sus vidas también.

Después de haber enseñado en el sistema de escuelas públicas durante 26 años, mis alumnos compartían conmigo que soñaban con querer ser médicos, enfermeras, policías o bomberos para poder literalmente salvar vidas y “hacer una diferencia”. ¿Los lectores de Prensa Texas alguna vez tuvieron esos pensamientos y nunca los expresaron a nadie?

En mi caso, me pregunté en esa columna si hice un trabajo lo suficientemente bueno como para afectar a mis alumnos de manera positiva. Me gustaría pensar que sí. Incluso ahora sigo accediendo a Facebook y puedo conectarme con algunos de mis antiguos alumnos de séptimo grado, así como con ex alumnos de secundaria que ahora son padres e incluso abuelos.

Uno de mis alumnos en el pasado era un Juez de la Corte del Condado, Walden Shelton, que actualmente tiene 57 años. ¡No sabes cuántos años me hacen sentir!! Cuando él tomó el banquillo, ya llevaba dos años en la cancha. Le dije con su túnica cuando juró: “No me vuelque el juez”. Me miró “bromeando” y dijo: “Juez, llévelo a la 4ta Corte de Apelaciones”. Un año más tarde regresó y me dijo: “Tengo dos de tus casos”. Le pregunté: “¿Qué hiciste?” ¡Dijo que confirmó mi decisión! Ahora que eran buenas noticias para mí. Le enseñé bien.

En aquel entonces, no existían Facebook, Twitter, Instagram ni nada parecido.

Sin embargo, es genial estar al día con ellos y sus vidas cuando comparten conmigo sobre sus familias, dónde han estado, el tipo de trabajo que hacen ahora y así sucesivamente. Les recuerdo a muchos de ellos en Facebook, cómo los recuerdo vividamente cuando compartí conmigo sus metas y aspiraciones para hacer exactamente lo que están haciendo ahora y “hacer una diferencia”. ¡Afortunadamente mi memoria todavía está intacta!

Me hace sentir que de alguna manera contribuí a su éxito y no a su fracaso. Joseph Medina, uno de mis antiguos alumnos de 9º grado, es miembro de la junta escolar en Northside ISD.

Ya no soy un maestro o juez, supongo que pasaré a la siguiente fase de mi vida y continuaré intentando “hacer una diferencia real”.
Ask the Banker
A Q & A with the President of South Trust Bank
How to borrow money

January 16th 2018 @ 5:30 - 7:00pm
RSVP @ 210-928-3595
Please mention the type of business you operate, what support you need and if you are interested in a loan

Free Event - Refreshments Provided

SouthTrust Bank, N.A.
144 Moursund Blvd
San Antonio, TX 78221
Telephone: 210.928.3595 ext 4405
Mobile: 210.459.3593
rgonzales@southtrust.com
NMLS ID: 512609