Are You Ready?

Joe Lopez and His Day of the Dead Paintings

123 Andres Performs for Kids

Growing Up Latina: Que Dijo?

How to Prepare for a Natural Disaster

50th Queen of Soul Anniversary
Let’s talk about it...

Are You Ready?

By Yvette Tello

Are you ready? It’s October and this is a scary time in San Antonio. Not because of Halloween ... because the world is falling apart! Ok, I am being dramatic, or am I? This past year, we have seen devastating flooding from several Hurricanes. We have seen water rising faster than we have in over 100 years in certain areas. Hurricane Harvey put us in a crazy panic and San Antonio felt what a gas and bottled water shortage is like. If a natural disaster were to occur today, would you be prepared? Would you know what to do? Let’s talk about it...

Amanda Cena: “I am nowhere near prepared...I think of it all the time. The only thing I have told my kids and grandson is if anything were to happen meet up at the school by my house. After that who knows…”

Robbie Willis: “And there was no gas or water shortage.”

Eliseo Moreno: “Normalcy is bias. People are too comfortable with their normal. It’s all inevitable and that’s certain. What is uncertain is when it will happen. Even though we may think nothing is going to happen, it’s good to be prepared.

Henry Shamdas: “Gas can’t be stored properly in any home; but yes I’d be ready with my MREs and water plus plenty of guns and firepower.”

Santiago Tello: “Prepare emergency food kits. You can get them on line. The have long shelf life and can be used when needed.”

Just to be certain, I am not being over dramatic, how many of us received a Presidential alert on our cell phones a few weeks ago?
La Prensa Texas SAN ANTONIO
21 de Octubre de 2018

By Dr. Ricardo Romo

Artist Joe Lopez paints mostly about his Mexican America culture and heritage. His Day of the Dead art piece on the cover is an image connected to his boyhood when he went with his family to the cemetery on All Saints Day to honor the deceased. Today, San Antonio artists celebrate that holiday not just with cemetery visits, but also with altars, paintings, poetry readings and theater plays. This year Lopez will send his Day of Dead sketches and drawings that he made over a lifetime to the prestigious Smithsonian Museum in Washington, DC, which is collecting his memorabilia.

Joe Lopez grew up in one of the smallest and most isolated barrios in San Antonio. The barrio, “Barrio Escondido” was next to the famous neighborhood, Cementville, where Mexican workers employed by the giant cement factory and their families lived. That neighborhood disappeared in the 1970s when the plant closed and developers turned the plant into the Quarry Shopping Center.

Lopez remembers Barrio Escondido as being all of two blocks. In the 1940s and 1950s when he was growing up there, his community had a rural feel to it. He grew up around small farm animals and some families in the neighborhood raised chickens and roosters. He was especially fond of roosters, or Gallos as they were called in Spanish.

Lopez began drawing as a young boy, but in the 8th grade, his second place prize in an art competition allowed him an opportunity to study with a professional artist at the Witte Museum. He had not won, but his teacher, a Catholic nun, was able to convince the art teacher to take him as a student noting that Lopez would be willing to clean the studios after the students left. Barrio Escondido nearly disappeared in the 1970s with the exception of a few small homes tucked in near Broadway and Base Road.

After finishing high school, Lopez painted and earned extra money selling Tee shirts and caps with his favorite phrase, “Puro Gallo,” which means, pure rooster in English. Lopez raised roosters as a young boy and admired their spunk. He painted so many roosters that friends nicknamed him “Gallo.”

In his modest sales and use of the word Gallo, however, he apparently crossed the world largest winery, E&J Gallo Winery. They somehow learned of his “Puro Gallo” products and threatened to sue Lopez for trademark violations. They also demanded he cease to use the word “Gallo” in any shape or form. Lopez and the art community were shocked. In his mind, how could someone copyright a Spanish word, whether it is tierra, taco, cerveza or gallo?

Lopez’ attorney, Filemon Vela, met with representatives of the company and they settled out of court. The Gallo Family had taken on David and in this instance, Goliath gave up on its insane demands and went away. Lopez continued to produce “Puro Gallo” hats and soon decided to open a Latino gallery and studios in Southtown. With the help of his wife Frances, Gallista Gallery was born. Vela, who did not charge Lopez for legal representation, is now the congressman from South Texas. Over the next decade, Lopez continued to paint while the Gallo Family fortune grew to an estimated $10.5 billion.

Joe Lopez operated Gallista Gallery and art studios for nearly twenty years. The entrance to the Gallery had paintings and folk art crafts by local artists. He maintained his own painting studio there and rented exhibition and studio space to many Latino artists. Over nearly two decades, Gallista Gallery hosted monthly art exhibitions, including the addition of altars during the Day of the Dead week.

Artists evolve and art evolves through time. Growing up, for example, one saw few altars in public places in San Antonio. Religious altars were created for use in home settings, and to some extent, in the cemeteries. During the 1980s, Chicano artists began exhibiting altars in public places, such as restaurants, museums and art galleries.

Joe has returned to his family homestead and added a studio and gallery to the front of his house. Today he continues to paint, design logos, and sell tee-shirts. In the last sixteen months Lopez has been recognized with solo shows at the University of Incarnate Word and the Beeville Museum of Art. He was also commissioned to complete a mural for the San Pedro Creek renovation project. As for his future plans, he only revealed: “I am proud to be in the barrio where I grew up and happy to be painting full time.”

About the Cover Artist:
Joe Lopez

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To celebrate Hispanic Heritage Month, Latin Grammy winner 123 Andrés visit San Antonio with a fun concert for kids and families. 123 Andrés are family favorites for their interactive songs, their seamless blend of Spanish and English, and their high-energy Latin and Caribbean beats.

Concerts are especially enjoyed by children ages 2-8, but 123 Andrés’ dynamism and humor make their concerts fun for the whole family. The show will be held Sunday October 21 at 2 PM at the Henry Guerra Library, located at 7978 W Military Dr, San Antonio, TX 78227. Andrés and Christina will bring joy and fun to families promoting bilingualism and Latin culture. Billboard Magazine call 123 Andrés “A rockstar for little language learners.”

123 Andrés is made up of husband-and-wife team Andrés and Christina, and they’ve been hailed as the new face of bilingual music for children in the United States and Latin America. They perform in cities across the US – New York, Boston, Chicago, Miami and their hometown of Washington DC, among others – as well as in Latin America, including Panamá, Colombia and Puerto Rico. They have been featured on Telemundo, CNN en Español and Univisión, as well as other broadcast outlets, and have been acknowledged by Billboard and the Boston Globe, among others.

The pair has won recognition for their educational content from the likes of the American Library Association (ALA) and the National Association for the Education of Young Children (NAEYC), and they relish opportunities to get to know new audiences and spend quality time with new and old friends. It’s very innovative, very creative, with a great melodic sense, to play music that our smaller kids will appreciate and learn, said Alt.Latino NPR’s Weekend Edition.
MANGUERA MEMORY:

Que dijo?

Rosa Maria Gonzalez, B.A., J.D., C.W.L.S.
Board Certified- Child Welfare Law Specialist,
National Association of Counsel For Children,
as authorized by the American Bar Association
and the Texas Board of Legal Specialization.
Born and bred in Brownsville, Texas, Gonzalez
has lived in San Antonio for over 30 years. She
attended St. Mary’s University where she earned
her Bachelor of Arts in Political Science and later
attended St. Mary’s University where she earned
her law degree.

Gonzalez has a family law practice and is a
graduate of the Women’s Campaign School at
Yale University. She has a long established his-
tory of coordinating campaigns and consulting
for women candidates.

By Rosie Speedlin-Gonzalez

My parents, Raul and Alicia, were
the hardest working parents any kids
could ask for. They worked hard to
not only pay the bills, but also ensure
my brother and I had the best that
life could afford us. This included
summer vacations, band camps and
weekly allowances. When my mem-
ory and I travel back over the years,
I am taken to past “viajes” to Mexico
like Galeana and Linares, Nuevo
Leon, Aguas Calientes, San Luis, Po-
tosi, Monterrey, Mexico City, Puerto
Vallarta, Matehuala, Piedras Niegas
and also to visit Tio Seme y Diane
y los primos in Georgia, the Astro-
dome in Houston, Wonderworld in
New Braunfels, the swimming pigs
in San Marcos, the State Capitol &
watching “Cornbread, Earl and Me”
at the Paramount Movie Theater in
Austin. You are probably asking,
en serio? Seriously? Really? “Corn-
bread, Earl and Me”? Yup . . . you
see, it was hot that summer on that
trip . . . real hot. My Dad had dragged
us around downtown Austin looking
for record stores and jazz albums
most of the early afternoon. We were
hot, thirsty and tired. We needed to
sit down, get cooled off and maybe
grab a snack por un ratito. Mom and
Dad thought it was a good idea to
catch a movie matinee and chill for
a bit. Every trip to the movies with my
parents turned into a front row seat at
the United Nations. You see my Dad
was monolingual, Spanish speaking
only. He refused to learn English. He
didn’t have to learn English. Why
should he, he would ask. He worked
in Mexico and was a Mexicano hasta
sus meras cachas. So, my Mom was
given the arduous wifely duty of
translating everything from English
to Spanish for my father, no matter
where we were, including the mov-
ies, like the time before this when
she had to translate the entire length
of “The Entertainer” for my Dad at
the Majestic Theater on Elizabeth
Street in our hometown of Brown-
sville. Every movie we watched with
them, regardless of whether it was
at the movie theater or at home over
the t.v. required us to listen hard and
over my Dad’s constant and ongoing,
“que dijo? . . . . que dice? . . . que
dijo?” and my Mom’s immediate
translation of what was said.

My Mom didn’t mind her role so
much because if you ask her, she had
been translating for the people she
loved all her life, first for her parents
and siblings, then for friends who
she went to school with, and now
to tell the story of the Battle of the Alamo. Then it started . . . the voice
over the speakers . . . it was the voice
of a man narrating to visitors how
the Battle came to be and how the
Battle was fought . . . you get the
idea. And then the rest started, my
Dad . . . looking at my Mom asking,
“que dijo? . . . . que dice? . . . que
dijo?” and my Mom’s immediate
translation of what was said. My
brother and I could sense something
was happening, not quite right with
Dad. He seemed to be getting upset,
his Mexicano temper was kickin’ up
. . . He started challenging my Mom
and asking, “Pero como? Los gringos
go no ganaron esta batalla!” Ganaron
los Mexicanos!!!!” . . . and then . . .
“Hijos de la chingada! Aqui nadie
les va llenar la cabeza de mis hijos de
pinches mentiras! . . . VAMONOS!”
My Mom’s response was, “Pero los
ninos Raul . . . “ and my Dad grabbed
each of us by the hand and walked us
out and explained to us that we were
being lied to, he instructed us never
to step foot into The Alamo again
because the pinches gringos eran una
bola de perdedos y mentirosos. His
children would not be lied to. So, we
left and he treated us to ice cream at
the Joske’s Soda Fountain, bought us
a few souvenirs and then we headed
back to the hotel.

That evening we had dinner with
Dad’s compadre off Nogalitos and
the next day took the 4 hour drive
back to El Valle, the borderlands . . .
where many things were and are still
not always as they appear to be, but
gringos think twice before they lie.

Next Issue:
“La Politica”
NBA Season Preview

By Jessica Duran

NBA fans rejoice! A new season has finally arrived and it’s shaping up to be the most competitive season yet. For the Western Conference, the field is stacked. Preseason just wrapped up and it seems as though LeBron and the Lakers might just work, the Warriors are still top contenders, and the Spurs along with the Denver Nuggets are the underrated underdogs.

The Rockets will come knocking on the door with a healthy Chris Paul. Paul will rely heavily on the scoring of reigning NBA MVP James Harden. Add Jayson Tatum and Kemba Walker to the Celtics' lineup, and the Boston Celtics will be the team to beat.

In the Eastern Conference, although the Celtics will be the team to beat, the Philadelphia 76ers, the Toronto Raptors, and the Milwaukee Bucks will come knocking.

Boston Celtics forward Gordon Hayward broke his foot in the first game last season, taking him out for the year. Now a healthy Hayward, the Celtics are a threat to the entire league. Add Jayson Tatum and Klay Thompson to the mix, and this team will put up 115 points per game while holding opposing teams to just 90 points per game. That’s how good they will be.

The Sixers have their own big 3 in Joel Embiid, Ben Simmons and Markelle Fultz. They have formed a solid foundation for the future. With Simmons as the reigning Rookie of the Year, the Sixers will utilize this young core to stay competitive in the East.

The Raptors seem to be the second team to beat in the East. They may have found the missing pieces with new Raptors and former Spurs, Kawhi Leonard and Danny Green. Earlier this week Green said “he’s been on a lot of great teams for the Spurs, but this team is the deepest he’s ever been on.” Although the Raptors were able to acquire Leonard in the biggest trade of the summer, Green is not to be underestimated. His incredible defense will give the Raptors a boost that could help tame the high powered offense from Boston.

My top three teams for both conferences are the Warriors, Rockets, and Thunder for the West, and for the East, Celtics, Raptors, and Philly. But my underrated and underestimated teams for each conference are the Bucks, Cavaliers, and the Miami Heat for the East. The Spurs, Lakers, and the Utah Jazz will make a statement in the West.

This season will be competitive and will be electrifying as rivalries are restored and no matter who won the NBA Championship in the previous season, on day one, it’s anyone’s game.

Bama, Ohio ST, and Top AP Poll

By Jessica Duran

Although Alabama are where most thought they would be heading into the halfway point of the season, Clemson and Ohio State was a surprise and rounded out the top three in the nation.

The former number two in the nation, Georgia Bulldogs, had a big loss against LSU in a 34-16 rout. Georgia gave up 15 points alone on field goal kicks. The new number two in the nation, showed the Minnesota Gophers whose boss in a 30-14 win.

The Ohio State Buckeyes are led by Heisman favorite Dwayne Haskins. Haskins threw for 412 yards along with 3 touchdowns.

Clemson now ranked number three, had a bye week, and it couldn’t have come at a better time. Led by true freshman quarterback Trevor Lawrence, Lawrence has taken some shots over the past few games even having to leave one. He has thrown for over 800 yards this season and has 11 touchdown passes for the season. Clemson will face North Carolina State this Saturday.

Notre Dame and LSU follow behind the top 3. The Fighting Irish at Notre Dame are led by junior quarterback Ian Book. Book has over 1100 yards passing, 11 touchdown passes and just 2 interceptions. While LSU may not have a superstar offense, their defense alone can mirror a defense like number one in the nation, Alabama.

The Texas Longhorns have made doubters turn heads and into believers. Texas faces Oklahoma State Cowboys. This week’s game of the week will be Michigan against Michigan State. A rivalry game that can go either way no matter the talent on either side. Michigan led by quarterback Shea Patterson, coach Jim Harbaugh will need to prove his worth with a big win this weekend.
HALLOWEEN

ALL GHOULS AND GOBLINS WELCOME

WEDNESDAY

OCTOBER 31ST

Prizes for 1st, 2nd and 3rd Place Costumes

Live Entertainment by "Top Shelf Band" 7-11pm

Presented By American Legion
Alamo Post #2

3518 Fredericksburg Rd.
San Antonio, Texas

Dance $5 or Dance & Steak Dinner $15

Doors open at 6pm - Happy Hour 6-8pm: Domestic Beer & Well Drinks $2, Imports $3

Please RSVP for Steak Dinner - Philip Moreno (210) 667-7408
Family history is an important part of your medical background; having family members with diabetes or high blood pressure will alert your doctor to the possibility that you may develop the same illness, even at a young age. Your family’s cancer history is especially important nowadays, because genetic testing for certain cancers is becoming more commonplace. Cancer history changes over time, as well, so it’s important to keep up with who’s been diagnosed with what in your family. It’s not being nosy but just being informed.

Many people will equate genetic testing with a famous recent story. When Angelina Jolie had her double mastectomy a few years ago, she did the medical community a favor by highlighting the link between breast cancer and a genetic change that she had inherited from her mom. She found out she had “the breast cancer gene”, also known as a BRCA mutation. What many people didn’t realize is that a couple of years later, she also had her ovaries removed because of the same mutation. Her mom had died of ovarian cancer at a relatively young age, in her 50s, and she had several family members who died of ovarian and breast cancer. When she found out she carried a genetic mutation, she was told she had up to an 87% chance of developing breast cancer, and up to a 50% chance of developing ovarian cancer. She chose surgery because it lowered her risk the most.

Many patients forget about other cancers that can have a genetic link, like colon cancer, uterine cancer, pancreatic or prostate cancer, even melanoma, the vicious skin cancer. Because most cancers are more common as we age, having one relative diagnosed with colon cancer, say at the age of 85, is not going to make you higher risk. However, if you have 3 or 4 relatives with colon cancer, and one of them was diagnosed before the age of 50, well that’s a different story. On the other hand, uterus or ovarian cancer is rare enough in the general population that even one affected relative once removed (like an aunt or grandmother) is enough to qualify for genetic testing, according to the National Comprehensive Cancer Network.

So talk to relatives and be nosy. Find out who had cancer, what kind, and how old they were when they were diagnosed. Update your doctor yearly on your family’s cancer history. You may find out that you qualify for genetic testing and if you find out you have one of several cancer genes, you will have the unique opportunity to change your genetic destiny and even prevent cancer. Check out the quiz below: and if you need to talk to a professional about your family history, consider contacting a genetic counselor at the Baptist Breast Center, or call my office at 210-504-5053.

Are you of Ashkenazi Jewish heritage?

Have you ever been diagnosed with breast, ovarian, colon, uterus, pancreatic, gastric, or prostate cancer or melanoma?

Has anyone in your family been diagnosed with any of the above cancer? Younger than the age of 50?

Are two or more of these relatives on the same side of the family?

If you answered yes to any of the above questions, please consider contacting me at 210-504-5053 or a genetic counselor at the Baptist Breast Cancer or at UTHSCSA.
Meet Dr Maria del Rosario Aguirre

I am Dr. Maria del Rosario Aguirre, proud daughter of Barbara and Ben, first generation Mexican – Americans. Barbara Barrera Aguirre, my mom, was a loving and caring, very dedicated nurse, and advocate for her patients. From my mother I learned to always put family first, but also have the drive to excel in my career. As a medical professional my mom emphasized the importance of listening to patients, being empathetic, taking time to know them, and then pursue the healthcare concerns. My father, Ben Rosales Aguirre, was a supportive father and a great believer in people with strong work ethics. He was a devoted activist for laborers who deserve the benefits of the American Dream. My father taught me to be the best that you can be in all aspects of your life, whatever career or path you chose, and to always remember where you came from.

I was raised in a modest home in West Texas and attended primary, middle, and high school there. I loved sports and played in all available to me, but of course enjoyed my academics as well. I was always on the Honor Roll and voted most likely to succeed.

When I was 15 years old my family relocated to San Antonio’s West Side. I finished high school at Thomas Jefferson as Valedictorian and went on to complete a bachelor’s degree at Our Lady of the Lake University in Biology and Chemistry. I ventured out to the East Coast to attend the University of Pennsylvania School of Medicine to realize mi sueño (my dream), of becoming a physician from one of the top schools in the country. Back then it was not easy being one of the very few minority females as well as a very young mom in an Ivy League school, but my parents and family gave me the fuerza (strength) to succeed.

Desiring to return to my home to care for a wonderful community of loving families, I chose University of Texas Health Science Center San Antonio (UTHSC SA) to care for beautiful babies, children, and teens. I finished my Pediatric Residency at UTHSC SA 1985. I have practiced pediatrics on the West Side of San Antonio for over 33 years. My practice is both clinic and hospital based. I love meeting my patients the day they are born.

Why my love for Pediatrics? Bright smiles, bright futures, love of life and vulnerability necessitating more love, more care and dedication. It makes my life blossom every year!

Why do I keep choosing to stay in San Antonio’s Westside?
I made a promise to myself and my family that I would never forget where I came from. I love this area because it keeps me in touch with my Mexican-American roots, traditions, and strong family values. I am also full of hope for the future with an increasing number of proactive efforts from communities, businesses and political leaders to help San Antonio’s Westside residents rise beyond prejudice, beyond discrimination, beyond lack of opportunities. I especially applaud efforts focused on education, disease prevention and health. Education is the key element to success, while health is the foundation for it.

When will I retire? NUNCA (NEVER)
Are You Ready?

How to Prepare for Natural Disaster

By Yvette Tello

It’s human nature to not worry about things until they happen. After all, none of us want to imagine our city in a state of disaster or a tornado barreling through our own neighborhood. But these things do happen, and the best thing we can do is to prepare for these events. Even a little bit of preparedness can make a big difference.

Emergency Kit

The following is a list of things we should all have prepared in the event of a natural disaster:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler’s checks and change
- Emergency reference material such as a first aid book or information
- Sleeping bag or warm blanket for each person
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes
- Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil Books, games, puzzles or other activities for children
- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place Moist towelettes, for personal sanitation
- Garbage bags and plastic ties
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps
- Extintor de incendios
- Partidos en un recipiente impermeable
- Suministros femeninos y artículos de higiene personal
- Juegos de desorden, vasos de papel, platos y utensilios de plástico, toallas de papel
- Papel y lápiz. Libros, juegos, rompecabezas u otras actividades para niños
- Agua, un galón de agua por persona por día durante al menos tres días, para beber y para el saneamiento Alimentos, al menos un suministro de alimentos no perecederos para tres días
- Radio a batería o de manivela y un radio meteorológico NOAA con alerta de tono y baterías adicionales para ambos
- Linterna y pilas extras.
- Botiquín de primeros auxilios
- Silbato para pedir ayuda
- Máscara antipolvo, para ayudar a filtrar el aire contaminado y las láminas de plástico y la cinta adhesiva para colocar en el lugar toallitas húmedas, para el saneamiento personal
- Bolsas de basura y corbatas de plástico
- Llave o alicates para apagar los servicios públicos
- Abrelatas para alimentos (si el kit contiene alimentos enlatados)
- Mapas locales
- Medicamentos recetados y gafas
- Fórmula infantil y pañales
- Comida para mascotas y agua extra para tu mascota
- Documentos importantes de la familia, como copias de pólizas de seguro, identificación y registros de cuentas bancarias en un contenedor impermeable y portátil
- Efectivo o cheques de viajero y cambio
- Material de referencia de emergencia, como un libro de primeros auxilios o información
- Bolsa de dormir o manta caliente para cada persona
- Cambio completo de ropa, incluida una camisa de manga larga, pantalones largos y zapatos resistentes
- El cloro doméstico y el gotero para medicamentos: cuando se diluye nueve partes de agua en una parte de cloro, el cloro se puede usar como desinfectante. O en una emergencia, puede usarlo para tratar el agua usando 16 gotas de cloro de uso doméstico por galón de agua. No utilice decolorantes, seguros para el color ni blanqueadores con limpiadores agregados
- Kit de Emergencia

La siguiente es una lista de cosas que todos deberíamos haber preparado en caso de un desastre natural:

- Extintor de incendios
- Partidos en un recipiente impermeable
- Suministros femeninos y artículos de higiene personal
- Juegos de desorden, vasos de papel, platos y utensilios de plástico, toallas de papel
- Papel y lápiz. Libros, juegos, rompecabezas u otras actividades para niños
- Agua, un galón de agua por persona por día durante al menos tres días, para beber y para el saneamiento Alimentos, al menos un suministro de alimentos no perecederos para tres días
- Radio a batería o de manivela y un radio meteorológico NOAA con alerta de tono y baterías adicionales para ambos
- Linterna y pilas extras.
- Botiquín de primeros auxilios
- Silbato para pedir ayuda
- Máscara antipolvo, para ayudar a filtrar el aire contaminado y las láminas de plástico y la cinta adhesiva para colocar en el lugar toallitas húmedas, para el saneamiento personal
- Bolsas de basura y corbatas de plástico
- Llave o alicates para apagar los servicios públicos
- Abrelatas para alimentos (si el kit contiene alimentos enlatados)
- Mapas locales
By Belinda Benavidez

A few weeks ago, myself and a few other local San Antonio Living Donors received the “Official” honor of being entered into the Guinness Book of World Record. We are “Officially Amazing” as participants of the Most Living Transplant Donors gathered in one place. A total of 410 Living Donors gathered for the Inaugural record in Chicago, at The Bean in Millennium Park, on April 21, 2018.

Boys & Girls Clubs of San Antonio provides year round afterschool programs to more than 8,500 youth ages 6-18 who may otherwise be home alone, unsupervised. These programs include homework assistance, college prep, Fine Arts, STEM, a teaching kitchen, sports and recreation, and leadership programs focused on their academic success, healthy lifestyles, and character development.

With the help of dedicated mentors and youth program facilitators, our Club members find caring, positive role models who inspire them to achieve their full potential in school and beyond. Last year, 99% of Club members stayed in school and successfully progressed to the next grade level on time, 99% improved their grades in basic skills courses, and 94% of high school seniors pursued higher education.

The Boys & Girls Clubs of San Antonio is the fifth largest in the nation with six Clubhouses on the East, West and South side of San Antonio, and Club programs in 43 schools in three school districts. Most of our families pay less than $50 a year for each child to attend a Club because we believe that a child’s zip code should not determine their chance for success.

To learn more about enrolling your child or supporting Boys & Girls Clubs of San Antonio, visit begreatsa.org.
How Can You Become a “Sustainable” Investor?

By Edward Jones

Your values are important to you—and so are your investments. But you don’t have to keep these two parts of your life separate if you pursue sustainable investing.

If you haven’t heard of this term, you might know it by other names: socially responsible investing, values-based investing and environmental, social and governance (ESG) investing. Essentially, sustainable investing incorporates non-financial or indirect financial considerations, specifically environmental concerns (climate change, renewable energy, water scarcity), social concerns (human rights, product safety or liability) and governance issues (corporate behavior, executive compensation, lobbying and so on). As a sustainable investor, you would invest in companies that take what you’d consider a positive stance on these issues, or are at least improving in these areas, and you’d avoid businesses that fall on what you perceive as the negative side.

There are many ways to implement a sustainable investing approach that addresses your specific concerns, with varying levels of diversification and control. Some investors select individual stocks of companies they are comfortable supporting. But you might find it more affordable, and more efficient, to invest in mutual funds or exchange-traded funds (ETFs) that focus on sustainable investments.

When exploring sustainable mutual funds and ETFs, make sure you look beyond the name of the fund to assess whether its ESG approach aligns with your personal interests and goals. Also, look for these key elements:

• Diversification – By definition, mutual funds that concentrate on sustainable investments might exclude entire industries, which could hurt your portfolio’s performance if the excluded investments perform better than the rest of the market. For example, a fund that excludes all oil-related companies might generate poor returns during a period of rising oil prices. Therefore, you may prefer to invest in a fund that integrates environmental, social and governance considerations into the investment process without excluding specific sectors or types of companies. You can further dilute this risk by owning a wide array of sustainable funds that use different approaches or processes to invest in sustainable companies. However, while diversification can reduce the effects of volatility on your portfolio, it can’t guarantee profits or protect against all losses.

• Track record – As you have no doubt heard, past performance can’t guarantee future results, so you may not want to over-concentrate on a fund’s historical returns. Still, it might be worthwhile to compare how one fund has performed over time in comparison with similar funds or an index. Many sustainable-investing funds are newer or weren’t always invested sustainably, so be sure the track record you are considering is relevant.

Here’s something else to keep in mind: The universe of mutual funds is vast, and some funds may not market themselves as “sustainable,” but still include sustainable considerations in their investment selections. These funds could provide you with more options. Finally, consider including charitable contributions in your investment strategy. In some cases, you may decide that’s a better way to meet your financial and non-financial investing goals than limiting your investment choices.

By following a sustainable investing approach or incorporating charitable donations in your financial strategy, you can express your beliefs in a tangible way—while still working to achieve your long-term goals.

Please contact Ernest Martinez at 210-354-4915 if you have any questions.
A los votantes registrados del Condado de Bexar, Texas:

Por la presente se da aviso de que los lugares de votación que figuran a continuación estarán abiertos de 7:00 am a 7:00 pm, el 6 de noviembre de 2018, para votar en una elección general para elegir a los miembros del Congreso, los miembros de la Legislatura y el estado, distrito, funcionarios del condado, el Director del Distrito 7 de la Autoridad de Acuíferos Edwards, ISD Este Central, Distrito 2 y 5, Distrito Escolar Independiente de Edgewood, Lugar 1,2,3 y 6, Distrito Escolar Independiente del Sur de San Antonio, Distrito 1, 3, 6, Elección Especial del Distrito Escolar Independiente del Sur, Elección de bonos de Southwest ISD, Ciudad de China Grove, Elección especial, Ciudad de Converse, Consejo, Lugar 2, 4 y 6 y una Elección especial, Ciudad de Leon Valley, Elección especial, Ciudad de Sandy Oaks, Alcalde, Concejal, Alderman, Lugar 2 y 4, y Plazo no expirado para Concejial, Lugar 1, Ciudad de Schertz, Consejo, Lugar 6 y 7, Ciudad de Windcrest, Consejo, Lugar 1, 2 y 3 y una Elección Especial, Condado de Bexar WCID # 10, 3 Directors Green Distrito de Servicios Públicos del Valle, 2 Directores, Ciudad de San Antonio, Elección de Chárter y una Elección Especial.

Ubicaciones de los lugares de votación el día de las elecciones:
se publicará el 4 de noviembre de 2018

Las solicitudes de boleta por correo deberán enviarse a:
Jacquelyn F. Callanen, Secretaria de votación anticipada
1103 S. Frio, Ste. 100
San Antonio, TX 78207

Las solicitudes de boletas por correo deben recibirse a más tardar el cierre de actividades del 26 de octubre de 2018.

La votación anticipada por aparición personal se llevará a cabo de la siguiente manera:

ELECCION GENERAL, ESPECIAL, CARTA Y BONOS CONJUNTO
6 DE NOVIEMBRE DE 2018

(LAS HORAS Y FECHAS DE VOTACION ADELANTADA SERAN :)  

Lunes 22 de Octubre de 2018 hasta el viernes 26 de Octubre de 2018
8:00 a.m. a 6:00 pm.

Sábado 27 de Octubre de 2018
8:00 a.m. a 8:00 pm.

Dom 28 de Octubre de 2018
12:00 p.m. a 6:00 p.m.

Lunes 29 de Octubre de 2018 hasta el viernes 2 de Noviembre de 2018
8:00 a.m. a 8:00 pm.
Fecha de Expedición: 26 de septiembre, 2018

22 de Octubre de 2018 - 2 de Noviembre de 2018

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Día de Elección

Leyenda: ******** Indica fechas abiertas para votación anticipada

AVISO DE ELECCIÓN GENERAL JUNTA, ENMIENDA, ESPECIAL Y DE BONOS

EL CENTRO DE JUSTICIA DEL CONDADO DE BEXAR 
1103 S. Frio

La votación anticipada por aparición personal se llevará a cabo de la siguiente manera:

ELECCION GENERAL, ESPECIAL, CARTA Y BONOS CONJUNTO
6 DE NOVIEMBRE DE 2018

(LAS HORAS Y FECHAS DE VOTACION ADELANTADA SERAN :)  

Lunes 22 de Octubre de 2018 hasta el viernes 26 de Octubre de 2018
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Día de Elección

Leyenda: ******** Indica fechas abiertas para votación anticipada
Election Day Nov. 6

RE-ELECT
REBECA MARTINEZ
4TH COURT OF APPEALS
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Just a Thought:  
50th “Queen of Soul” Anniversary

By Steve Walker

Last Saturday at the Carver Community Cultural Center on Hackberry Street they celebrated the “Queen of Soul” for the 50th year! Five young ladies ranging in ages, from the youngest Mahalia at 17, Felicia at 19, Asia at 21, Raelene Brown and Jada Spruill, both 22.

This year’s winner was Raeleen Brown. During the event the young ladies strutted the stage, in evening gowns for the dress competition while the Mistress of ceremonies gave a history of the contestants.

One segment of the pageant had the ladies perform their talents for the audience that included singing and dancing. In another segment they drew a random question and was asked to address it to the audience.

The San Antonio Queen of Soul Inc. is a non-profit, non-political organization and a member of the San Antonio Fiesta Commission. Queen of Soul Inc. is a highly visible organization that provides community representation to take part in Fiesta activities and other civic community programs.

In preparation for the annual pageant, potential contestants are solicited from schools, churches, and other community resources. The purpose is to assist young ladies achieve excellence. Once they are identified they start with a rigid training program that teaches charm, poise, talent enhancement, personal hygiene and self-esteem. The training assists them to be the best they can be towards a successful life.

Having covered a number of events at the Carver Community Cultural Center in the past, I still enjoy the opportunity to do so. This was an awesome event. Last year’s “Queen of Soul” was Malia Martinez. I did cover her many times last year during Fiesta Activities and even talked to her as well. I remember she was very gracious and exhibited lots of class.

In the program Malia wrote about her experience as Queen of Soul. “The Queen of Soul pageant will always hold a very special place in my heart. This pageant has helped me grow as an individual and has helped me gain confidence within myself and everything I chose to do. All of the organization members, volunteers and people I have met throughout this process have given me so much support, kindness and advice I will never forget.”

The Robert Washington Jr. Pioneer Award 2018 recipient went to former Rey Feo IXIX Fernando Reyes and wife Norma. It is the highest honor given by San Antonio Queen of Soul, Inc. It represents the dedication, loyalty and support that assists with the charitable purposes.

A second Robert Washington Jr. Pioneer Award was also presented to Mrs. Gracie Poe for her long support of the organization. She graduated from Edgewood High School. She is an art enthusiast and writes poetry. She was elected Ms. St. Philips in 1960. She consistently donates her art and creations to help with fund raising events.

Th 50th Anniversary event was a huge success with a full house. I am honored I was asked to take photos of the gathering. My buddy and fellow photographer Ali Wallace turned up as well. He covers many of the events that I do. A compadre with a camera!
Vote No AD
Giving you the power to veto unjustified tax increases, fee increases, and zoning changes.

Voters, if they choose, will make the ultimate decision on the most important issues. Citizens will have the chance to make a change by collecting 20,000 signatures and earning majority support in the election. This is still a difficult standard to meet to call an election, but provides a good check and balance when political leaders make a serious mistake.

Capping the City Manager’s out-of-control salary and term of office.

San Antonio City Manager pay has grown completely out-of-control in recent years. We pay more in this position than any City in America. Nobody else is even close. Our City Manager now makes more than the U.S. President and Texas Governor combined. In the past 5 years, she has received more total dollars in raises than the 1,500 San Antonio Fire Fighters combined.

Under Prop B, City Manager pay will be pegged at 10 times the lowest salaried City employee. Right now, that’s still a total of $290,000. That would keep San Antonio City Manager pay competitive but limit the growth. The Proposition will also set a term limit of 8 years for the position.

Resolving the City’s 5-year stall on the firefighter fair pay contract

While the City managed to quickly sign a world record-breaking pay contract with the City Manager in a matter of days, they have taken an incredible 5 years to complete a simple pay contract with firefighters. Prop C would push the city and firefighters into binding arbitration – so a fair resolution can finally be achieved. This is an inexpensive way to end disputes quickly and fairly without expensive lawsuits.

WHY DO SPECIAL INTERESTS OPPOSE REFORM?

A well-funded effort against reform has been launched by supporters of the status quo. The anti-group is mostly funded by developers and other folks with business before the City Manager. Special interests trying to curry favor with the City Manager by opposing a cap on her pay further emphasizes the current problems with the city and explains how we got so far off-track.
ALAMO COLLEGES: NORTHWEST VISTA COLLEGE VICE PRESIDENT FOR ACADEMIC SUCCESS

The President of Northwest Vista College invites applications and nominations for the position of Vice President for Academic Success (VPAS).

The Vice President for Academic Success reports to the President and is the chief academic officer of the college, responsible for all transfer, career/workforce education, ISD partnerships, non-credit/continuing education programs, and learning support services of the College. Development of high-performing teams focused on the AlamoINSTITUTES, AlamoENGAGE, and other strategies to create a teaching and learning environment focused on the success of all students is a high priority. The VPAS is expected to work collaboratively and respectfully with all, to collaborate with the Vice President of Student Success to integrate student programs and services, and to collaborate with the president and her leadership team, as well as VPAS colleagues across the district, and the district Vice Chancellors and Chancellor.

The VPAS is expected to develop and lead a high-performance team of deans, department chairs, faculty and support staff focused on the strategic plan of the district and college; to align college resources in support of effectively meeting student, community, and business needs; to foster strong communication and collaborative processes with faculty, staff, students, and the community; to ensure integrity in all operations and processes as well as compliance with District policies, State and accrediting agencies; and to reflect the values of openness, collaboration, respect for the diversity inherent in the district and the community, and assessment and accountability in all programs and services.

Application Requirements and Process:
• Master’s Degree; Doctorate preferred
• 5 years of teaching (full-time and/or adjunct) and administrative experience in higher education (public community college experience is preferred)

Application Instructions:
• Submit (1) a cover letter of no more than three pages indicating how your experience aligns with the responsibilities noted in this posting, (2) a response of no more than three pages to this question: The imperative for community colleges to significantly narrow student achievement gaps and to dramatically increase persistence and completion requires scaling successful innovations in teaching pedagogy and learning strategies. Please describe your vision for leading the focus on research and best practices regarding student success and how you would engage faculty in pursuing innovation in curriculum design and pedagogy. (3) a resume of no more than 8 pages, and (4) transcripts.

• Complete an application online and submit all materials at https://alamo.csod.com/ats/careersite/JobDetails.aspx?site=2&id=4927

Posting closes on 11/8/2018 at 6:00 p.m.
Alamo Colleges Names New Vice Chancellor

The Alamo Colleges District Board of Trustees has approved the selection of Robert McKinley as the district’s new vice chancellor of economic and workforce development. McKinley, who is currently the senior associate vice president for economic development and chief engagement officer for the University of Texas at San Antonio (UTSA), will begin his new duties December 3, 2018.

“As the number one provider of workforce education in our region, it is vital that we have a leader for our workforce efforts who can build on the reputation we have established and the partnerships which have helped to make us so successful in this area. Mr. McKinley’s extensive experience and expertise will be a valuable addition to our leadership team, and we welcome him to the Alamo Colleges District family,” said Alamo Colleges District Board Chair Marcelo Casillas.

McKinley has guided economic development at UTSA since 1990, achieving constant growth and tangible results. He began his career at UTSA as the regional director of the Southwest Texas Border Small Business Development Center (SBDC). He then moved up to the position of assistant vice president for economic development, where he leads the Institute for Economic Development (IED) umbrella organization for all UTSA economic development programs. Since 1979, the institute has been dedicated to creating jobs, growing businesses and fostering economic and community development. Working in collaboration with federal, state and local government agencies, business sector partners and clients, the IED is a principal driver of UTSA’s community engagement. Working in collaboration with federal, state and local government agencies, business sector partners and clients, the IED is a principal driver of UTSA’s community engagement.

His wealth of experience includes serving as the past chairman of the board of America’s Association of Small Business Development Centers (ASBDC), director of the Control Data Business & Technology Center in San Antonio, executive director of the Hispanic Chamber of Commerce in Fort Worth and community organizer for Misión de Amistad to develop Mayan Ejidos in Municipio de Tizmin, Yucatán. McKinley earned a degree in community development from Pennsylvania State University and is a graduate of UTSA’s master’s program in public administration. He received the Distinguished Service award of the UTSA Alumni Association in 2007. Among his many civic roles, he was named by the U.S. Department of State to the bi-national Mexico-U.S. Entrepreneurship Council established in 2013 by Presidents Obama and Peña-Nieto. He currently serves as an executive board member and chair of economic development for the San Antonio Hispanic Chamber of Commerce and is a member of the International Advisory Committee of the San Antonio Economic Development Foundation.

At the Alamo Colleges District, high quality education and affordable costs provide exceptional value to students and alumni who are major contributors to the economy and culture of our community. For more information, go to alamo.edu.
Gorgeous New Facility • Opening October 22, 2018

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Pediatrics • Family Practice • Dental • Lab • Eligibility • Centro Fitness

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